

MINUTES

POSITIVE AGING ADVISORY COMMITTEE

ROOM 1, COFFS HARBOUR COMMUNITY VILLAGE
MONDAY 4 APRIL 2022



Attendees:	Judith (Jude) Cole (JC)	Committee Chair - Community Representative
	Paul Tracey (PT)	Blue Sky Community Services Inc.
	Gary Carr (GC)	Community Representative
	George Gardiner (GG)	Community Representative
	Glen James (GJ)	Community Representative
	Michael Collins (MC)	Community Representative
	Dennis Houghton (DH)	Community Representative
	Heather Reid (HR)	Council Staff Rep / Minute Taker - CHCC
Invited Guests:	Mary Boyce (MB)	Community Representative

Item	Discussion	Actioner
1. Meeting Opened 10:03 am		
2. Acknowledgement of Country		Council
3. Apologies:	Carol Burfoot (CB), Snr Constable Richard Allison (RA), Shawn Bergquist (SB), Adam Ellison (AE), Cr Tony Judge (TJ), Maryann Anderson (MA)	Noted
4. Business Arising		
5. Confirmation of Minutes	7 March 2022 – Noted	Chair
6. Resignation of Dr Vaibhav Tyagi	Noted – Thank you email response by Council 22 March 2022	Chair
7. Assistance to Community Organisations	An identified need for smaller organisations to be provided with assistance to undertake governance processes (MC). Concept of ‘matching’ volunteers with organisations to support cross-pollination of skills. A community register of local community organisation and support by a community services coordinator. Link to Volunteering Inc. – coordinated by the Coffs Harbour Neighbourhood Centre.	Chair
8. General Business		
7.1 Feedback on 2022 Seniors Festival – 30 March	Due to inclement weather, the 2022 Seniors Week Festival was postponed. Positive outcomes included the Senior’s Week website which contains a range of information - https://www.coffsharbour.nsw.gov.au/Community-and-recreation/MyCoffs-Connect/Positive-ageing/Seniors-Week-Festival A Senior’s Week booklet was also published. A special thank you to the Committee members who participated in the planning process and offered to volunteer on the day.	Chair



Item	Discussion	Actioner
7.2 Consideration of the Draft Positive Ageing Action Plan - Participation	<p>The draft Positive Ageing Action Plan – Participation was circulated for consideration prior to the meeting.</p> <p>Objective: Older people have opportunities to stay connected, participate in, contribute to and be included in their communities.</p> <p>Social participation consists of three inter-related concepts: social connections, informal social participation and volunteering. Longitudinal cohort studies demonstrate that social participation leads to better health outcomes including cognitive function, depression, better self-rated health and physical functioning, and even a reduced incidence of falls.</p> <p>Actions in the document were presented for comment:</p> <ul style="list-style-type: none"> • Acknowledgement that Aboriginal people and CALD community members may not access Council services in the same manner and as such this should be considered in the planning process (PT). • The action plan should reflect the range of diversity in our community as well as the different experiences of people as they age. • Value of providing unsolicited stories and feedback to illustrate this diversity • Use of focus groups to engage with community members (DH). 	Council
6.4 Info Exchange / Round Table	GJ – Will be an apology for 4 months (until Mid August).	All
9. Outstanding Actions Review – N/A		Council
10. Next Meeting	Monday 9 May 2022 at 10:00am, Venue – Coffs Harbour Cex International Stadium	
Meeting Close	11:59 am	

