

Rural First Aid Training

Supporting drought and bushfire affected communities

Rural accidents are a major concern

Incidents involve workers and bystanders (including children) and occur in a range of circumstances on a variety of farm and agricultural enterprises.

Learn first aid skills to provide support in an emergency

Develop skills and improve farm and rural workplace safety by enrolling in the Red Cross Farm First Aid course delivered by an accredited First Aid trainer. Participants are provided with the knowledge and skills to assist themselves, and others, to cope with accidents and injury both from a physical and mental wellbeing perspective.

As part of the course, there is a wellbeing section that is designed to help start the conversation around mental wellbeing and increase awareness of relevant service available for individuals, family and friends.

On completion of the course, participants receive a Statement of Attainment in Provide Basic Emergency Life Support (HLTAID002) – often required for insurance and employment opportunities.

**Training is free for primary producers, farm workers and farm contractors.*

First Aid training topics

- Basic Life Support (DRSABCD)
- Perform CPR
- Breathing emergencies
- Allergic reaction / Anaphylaxis
- Cardiac emergencies
- Severe bleeding and wound care
- Fractures and dislocations
- Shock management
- Envenomation
- Wellbeing and mental health support and assistance
- Environmental impacts
- Reporting
- Recovery and Resilience
- Legal requirements



For more information or to arrange a Farm First Aid course for your community, contact: