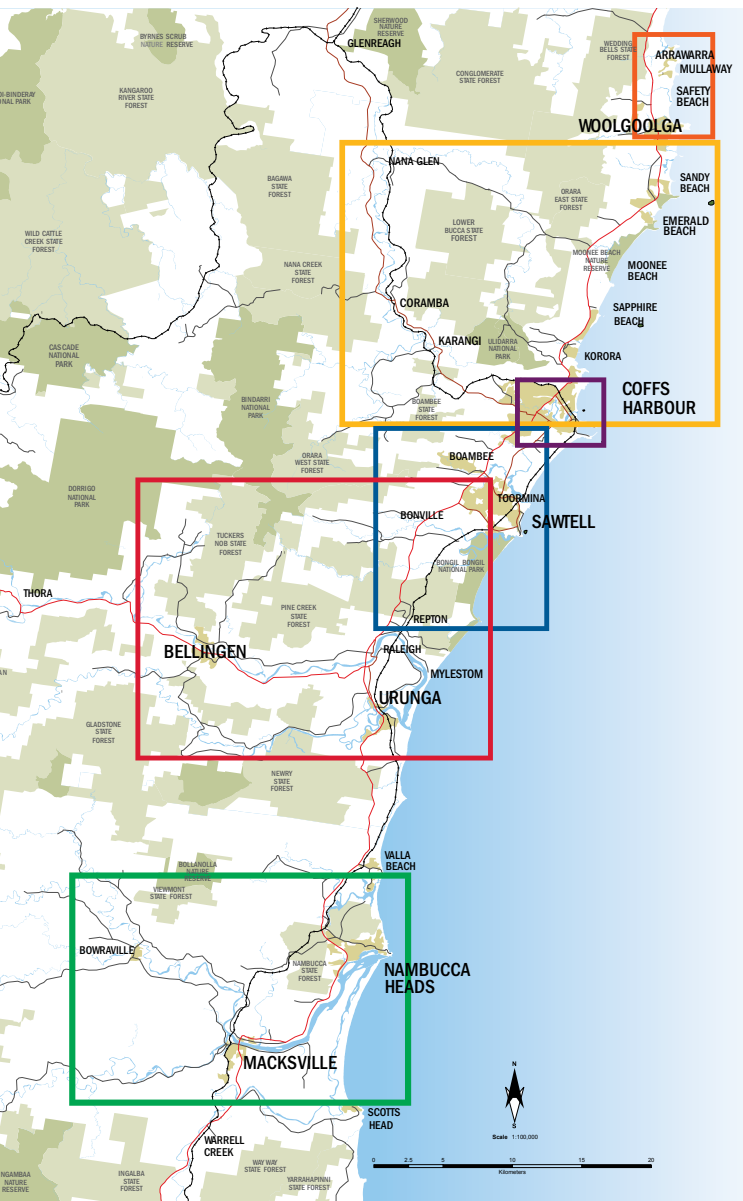


Map regions



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Legend



Ride routes



Side trips



Shared paths/bike lanes



Go for a walk!



Bike Shop



Picnic Area



Coffee!



Playground



Information Centre



Public Toilets



Lookout



Train Station



Patrolled Beach



Walks



Sealed Road



Shared path



Unsealed Road



Bike Lane

ORARA map

ORARA map

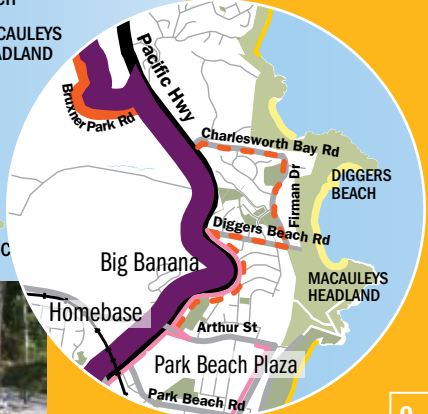


↑ SEE WOOLGOOLGA MAP

SAPPHIRE TO WOOLGOOLGA UPGRADE
The section of the Pacific Highway between Sapphire and Woolgoolga, is currently under construction. It is due for completion by 2014 and will include facilities for cyclists.

RIDING OPTIONS NORTH TO BRUXNER PARK ROAD
Ride highway shoulder. Or take shared path on east side of highway, then detour as shown. Caution required when crossing highway.

MACAULEYS



KEY See pages 10-11 for route details

- Bucca 'T'
- Eastbank Road
- Big Block
- Upper Orara Loop

Bruxner-Bucca 'T'



Route	'Up Bruxner' to Bucca T
Distance	28 km return.
Description	On road ride. Sealed. Light traffic. One extended climb.
Start/finish	Corner of Bruxner Park Road & Pacific Highway. Start at the top of Bruxner Park Road for an easier ride option.
Highlights	Banana farms, spectacular views, bushland and farmland - this ride is one of the hidden gems of the Coffs Coast.

- 3km steady climb (300m) winding road, to the saddle at Bruxner Park Flora Reserve ('The Gap'). Light traffic, sensational views.
- Fast descent through a cool pocket of rainforest, emerging into more open, 'rolling' countryside - a mix of woodland and farmland all the way to the intersection with Bucca Road. Return same way.
- Caution required on descent on Bruxner Park Road.
- Take a side trip from the Gap to Sealy Lookout - a challenging 150m climb over 2km. A spectacular view is your reward. (Rough, narrow, sealed road.)
- There are walking trails and picnic facilities in Bruxner Park Flora Reserve.

Eastbank Road



Route	Coramba to Nana Glen
Distance	30 km return.
Description	On road. Sealed. Light traffic.
Start/finish	Coramba
Highlights	Winding, undulating ride through peaceful and scenic countryside.

- Head east out of Coramba village, over the river and under the railway, then turn left into Eastbank Road.
- Alternatively take a shortcut down Martin Street (next to the park). Take care crossing the river and then the level crossing. Turn left into Eastbank Road.
- At Bucca Road, turn left and travel 2km into Nana Glen village.
- Caution required on wooden bridges, level crossing, and winding sections.

Big Block



Route	Coffs to Nana Glen & Coramba
Distance	60 km loop.
Description	"Around the block". It's just a big one! Popular on-road ride for experienced sport and touring cyclists. Sealed, rural roads. Traffic conditions vary. This ride includes Bruxner/Bucca T and Eastbank Road routes.
Start/finish	Coffs CBD.
Highlights	A ride with 'the lot'. Ups and downs, bananas, rainforest, bushland and picture-postcard farmland scenery.

- Head north on the Pacific Highway, past the Big Banana. Turn left into Bruxner Park Road. It's a steady 3km climb to the Bruxner Flora Reserve 'saddle'. 10km to Bucca Road, and then a further 12km to Nana Glen.
- Take the lighter traffic option of Eastbank Road to Coramba. (Orara Way is slightly shorter, but has higher volume traffic, 100kph speed limit.)
- Head south again along Coramba Road which has moderate traffic with limited shoulders. Then take care on the steep descent down Red Hill as you head back into Coffs Harbour.

Upper Orara Loop



Route	Karangi to Upper Orara
Distance	16km loop (26km option).
Description	On road route, suitable for all bikes. Light traffic, some climbs.
Start/finish	Karangi Public School. Near corner Coramba Road & Upper Orara Road.
Highlights	Classic scenic ride through rural countryside.

- You can do this Upper Orara Road/Mount Browne Road circuit either way. Complete loop involves 3km along Coramba Road, which has moderate traffic, and no shoulder in parts.
- Add 10km for the South and North Island Loop Road circuit! On a hot day cool off in the waterhole in the Orara River where North and South Island Loop roads meet.
- The Mount Browne Road section involves a bit of a climb either direction, but as a bonus there are significant shady sections. If you love descents, the climb is worth the effort.
- Go out and back along Upper Orara Road for an easier ride.
- Take an optional side trip along Dairyville Road to Bindarri National Park. 16km return. (See NPWS brochures.)

Other ride suggestions

- Coramba to Ulong - 20km
- Nana Glen to Glenreagh - 12km
- Grafton - 60km

