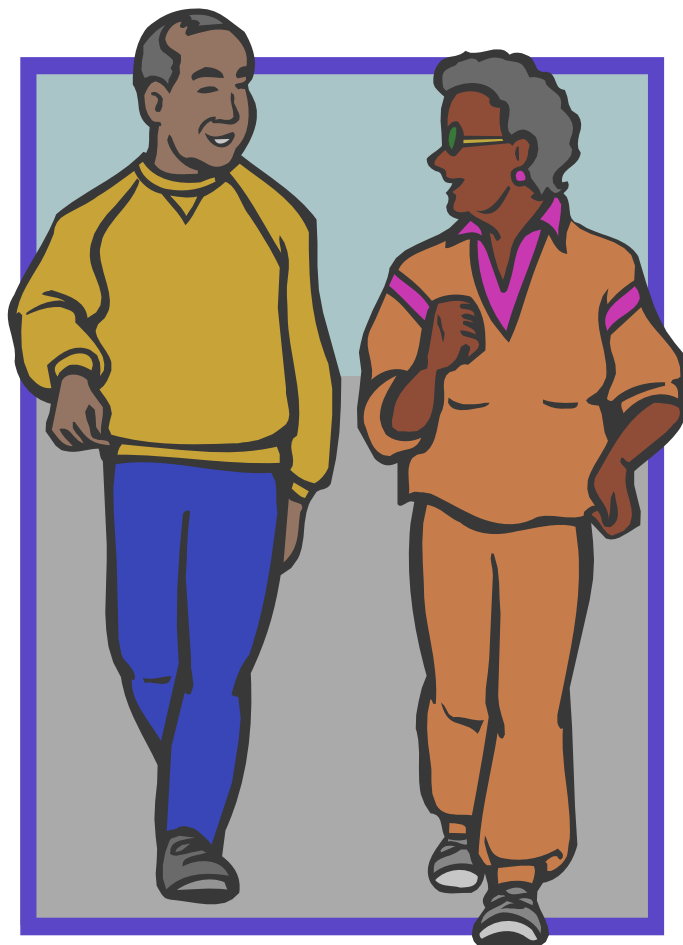


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# **INFORMATION DIRECTORY FOR OLDER PEOPLE**



# **TO UPDATE INFORMATION IN THIS DIRECTORY**

**For any future changes to information contained in this directory please email Council at [alison.kelly@chcc.nsw.gov.au](mailto:alison.kelly@chcc.nsw.gov.au) or telephone Alison Kelly on 6648 4832.**

**Thank You**

For any information required that is not found in this directory please contact

# **Commonwealth Carelink Centre**

**1800 052 222**



If you are from a non-English speaking background and need help in understanding any of the information in this Directory please telephone:

Anglicare Settlement Support Services 6651 8764

For other assistance please telephone:

Coffs Harbour City Council 6648 4000

Aged Care Assessment Team 6656 7688

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## **PLEASE NOTE**

**Referral information and further details  
may be obtained by telephoning  
the relevant organisation direct.**

# 1. ACCOMMODATION

## **Crisis Accommodation**

Coffs Harbour Accommodation Brokerage  
and Housing Support Service  
86 Albany Street  
COFFS HARBOUR NSW 2450 6651 8336

## **Crisis Accommodation for Women**

Warrina Women's and Children's Refuge  
(Domestic Violence Situation)  
COFFS HARBOUR 6652 4000

## **Housing**

Department of Housing  
51 Moonee Street  
COFFS HARBOUR NSW 2450 6650 1300

## **Housing Advice**

Assistance With Care and Housing for the Aged  
PO Box 132  
MACKSVILLE NSW 2447 6568 2522

Community Housing MNC  
86 Albany Street  
COFFS HARBOUR NSW 2450 6652 8877

## **Aged Accommodation**

Bellorana Limited Nursing Home & Hostel Cnr Church & Watsons Streets BELLINGEN NSW 2454	6655 2777
Boambee Gardens Estate 17 Walco Drive SAWTELL NSW 2452	6658 5088
Casey Court (Retirement Village) 5-7 Gordon Street COFFS HARBOUR NSW 2450	6650 9145
Coffs Harbour Legacy Nursing Home 55 Victoria Street COFFS HARBOUR NSW 2450	6652 1426
Coffs Harbour Legacy Units PO Box 260J 96 Albany Street AND 5-7 Shea Street COFFS HARBOUR NSW 2450	6652 7583
Coffs Harbour Nursing Home 45 Victoria Street COFFS HARBOUR NSW 2450	6652 1494
Coffs Haven Aged Care Facility (Churches of Christ) (Nursing Home) 18 Sand Street COFFS HARBOUR NSW 2450	6656 8400 Fax 6656 8499
Dalpura Village 9 Bray Street COFFS HARBOUR NSW 2450 (Churches of Christ Community Care)	(02) 9636 6466
Department of Housing - Units 51 Moonee Street COFFS HARBOUR NSW 2450	6650 1300

## **Aged Accommodation (cont'd)**

Domain Coffs Harbour (Aged Care Facility) 50 Lakes Drive COFFS HARBOUR NSW 2450	6659 4800
The Lakes Village (Over 55's Independent Living) Lakes Drive COFFS HARBOUR NSW 2450 <a href="http://www.thelakesvillage.com.au">www.thelakesvillage.com.au</a>	1800 993 202
Lime Tree Park 210 Pacific Highway COFFS HARBOUR NSW 2450	6652 1215
Marian Grove Marian Place TOORMINA NSW 2452 AND Villa Maria 115 Sawtell Road TOORMINA NSW 2452 (PO Box 72, SAWTELL NSW 2452)	6653 1241 (Office - Marian Place)
Masonic Retirement Village 33 Mackays Road COFFS HARBOUR NSW 2450	6650 2200
Mater Christi Hostel and Nursing Home Marian Place TOORMINA NSW 2452	6658 6133
Ozanam Villa 9 Nimbin Place COFFS HARBOUR NSW 2450	6652 2366
St Augustine's Nursing Home 6-8 Bonville Street COFFS HARBOUR NSW 2450	6652 5086

## **Aged Accommodation (cont'd)**

St Josephs - Hostel 6651 2870  
33-39 Azalea Avenue  
COFFS HARBOUR NSW 2450

Sawtell Legacy Units 6652 7583  
Lyons Road  
SAWTELL NSW 2452

Villa Monica 6650 9145  
5 Valley Street  
COFFS HARBOUR NSW 2450

Village Life 6651 3374  
92 Taloumbi Road 1800 880 010  
COFFS HARBOUR NSW 2450

Woolgoolga Retirement Village – Units and Hostel 6654 0022  
Maldon Place  
WOOLGOOLGA NSW 2456



## 2. CARERS SERVICES

Mid North Coast Carer Respite Centre  
Suite 2  
9 River Street  
PO Box 514  
MACKSVILLE NSW 2447

1800 059 059  
or  
6568 4271

Carers NSW – Carer Resource Centre  
Level 17  
323 Castlereagh Street  
SYDNEY NSW 2000

1800 242 636

Carers NSW  
After Hours Carers Counselling Line

(02) 9331 7707

Coffs Harbour Carers Support Group

(02) 6653 2785  
(02) 6651 8504  
Mobile 0421 441 133

Carers NSW  
Family and Carer Mental Health Program  
North Coast Region  
Team Leader/Support and Advocacy Officer

(02) 6650 0512  
Mobile 0400 770 172



### **3. CHURCHES AND RELIGION**

#### **Anglican**

##### **St Augustines Anglican Church**

19-21 Scarborough Street  
WOOLGOOLGA NSW 2456  
Phone: 6654 1370

##### **St Johns**

2 McLean Street  
COFFS HARBOUR NSW 2450  
Phone: 6651 4700

##### **St Nicholas**

Corner Seventh Avenue and Elizabeth Street  
SAWTELL NSW 2452  
Phone: 6658 1626

##### **The Church of the Holy Faith**

East Bonville Road  
BONVILLE NSW 2441  
Phone: 6658 1626

#### **Catholic**

##### **St Augustines Catholic Church**

Gordon Street  
COFFS HARBOUR NSW 2450  
Phone: 6652 3222 Presbytery  
6652 5714 Parish Office

##### **Church of St Francis Xavier**

Corner Scarborough and Hastings Streets  
WOOLGOOLGA NSW 2456  
Phone: 6652 3222

##### **Mary Help of Christians**

44 Boronia Street  
SAWTELL NSW 2452  
Phone: 6658 3544 (Office and Presbytery)

## **Churches and Religion (cont'd)**

### **Other**

#### **Baptist Church**

Corner High and Curacoa Streets  
COFFS HARBOUR NSW 2450  
Phone: 6652 3352

#### **Bethel Christian Centre**

Pentecostal Church  
76 Bray Street  
COFFS HARBOUR NSW 2450  
Phone: 6652 6282 and 6652 7620

#### **Christadelphian Ecclesia**

PO Box 10  
BONVILLE NSW 2441  
Phone: 6653 4058

#### **Christian Outreach Centre**

Lot 101 Stadium Drive  
COFFS HARBOUR NSW 2450  
Phone: 6652 8511  
6653 4473 (after hours)

#### **Christian Life Centre**

Assemblies of God Church  
25 Alison Street  
COFFS HARBOUR NSW 2450  
Phone: 6651 2455  
6651 2558 (after hours)

#### **Church of Jesus Christ of Latter Day Saints**

Perry Drive  
COFFS HARBOUR NSW 2450  
Phone: 6652 7686

#### **Coffs Harbour Care**

Christian Life Centre  
12 Earl Street  
COFFS HARBOUR NSW 2450  
Phone: 6652 3116

## **Churches and Religion (cont'd)**

### **Other (cont'd)**

#### **Guru Nanak Sikh Temple**

River Street

WOOLGOOLGA NSW 2456

Phone: 6654 1498 (Home or Priest)

6654 0059 (Temple)

#### **Jehovah's Witnesses**

Kingdom Hall

Gentle Street

COFFS HARBOUR NSW 2450

Phone: 6652 1521

#### **Lutheran Church**

Service held at the Community Village

Earl Street

COFFS HARBOUR NSW 2450

Phone: 6658 3747

#### **Presbyterian Church**

187 High Street

COFFS HARBOUR NSW 2450

Phone: 6652 3183

#### **Salvation Army**

Bible Studies

Agency: Salvation Army

27-31 Gordon Street (PO Box 298)

COFFS HARBOUR NSW 2450

Phone: 6652 8777 (Office)

#### **Seventh Day Adventist**

Corner Pacific Highway and Valley Street (PO Box 38)

COFFS HARBOUR NSW 2450

Phone: 6651 7447

## **Churches and Religion (cont'd)**

### **Other (cont'd)**

#### **The Baha'I Faith**

##### **Local Spiritual Assembly of the Baha'is of Coffs Harbour**

PO Box 1464

COFFS HARBOUR NSW 2450

Phone: Chairperson 6651 4339

Secretary 6656 2340

#### **Toormina Christian Fellowship**

Brethren

7-9 Nariah Crescent

TOORMINA NSW 2452

Phone: 6653 3813

#### **Uniting Church**

Vernon Street

COFFS HARBOUR NSW 2450

Phone: 6652 7044 (Parish Office)

#### **Uniting Church**

St Pauls – Sawtell

24 Elizabeth Street

SAWTELL NSW 2452

Phone: 6658 3866 Open Door

6652 7044 (Parish Office, Coffs Harbour)

6653 3179 (Church)

#### **Uniting Church**

Trafalgar Street

WOOLGOOLGA NSW 2456

Phone: 6652 7044 (Parish Office)

6654 1887

#### **Uniting Church**

NANA GLEN NSW 2450

Phone: 6652 7044 (Parish Office)

## **Churches and Religion (cont'd)**

### **Other (cont'd)**

#### **Uniting Church**

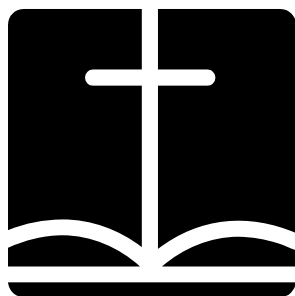
Corner Gordon and Vernon Streets  
COFFS HARBOUR NSW 2450  
Phone: 6652 7044

#### **Wesleyan Methodist Church**

Bray Street  
PO Box 6240  
COFFS HARBOUR NSW 2450  
Phone: 6652 7422 (Church Office)  
6652 2142 (Home)

#### **West Coffs Church of Christ**

30 Loaders Lane  
COFFS HARBOUR NSW 2450  
Phone: 6651 3954

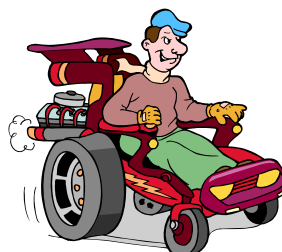


## 4. EQUIPMENT HIRE

**Hales Orthotics** 6651 2600  
92 Bray Street  
COFFS HARBOUR NSW 2450

**Scooters and Mobility Australia** 6651 5333  
182 Orlando Street  
COFFS HARBOUR NSW 2450

**Willaid Pty Ltd** 6651 7900  
Unit 1/16 Isles Drive  
COFFS HARBOUR NSW 2450



### Beach Wheelchairs

Coffs Harbour City Council FREE 6648 4000  
For use on any beach within the  
Coffs Harbour shire. Council will  
transport wheelchair to desired  
location if required.

Coffs Harbour Yacht Club FREE 6652 4390

Northcott Society Hire Fee 6651 2366

## 5. GENERAL INFORMATION

### Local

Aboriginal Community Centre Coffs Harbour Community Village Earl Street COFFS HARBOUR NSW 2450	6648 3683
Bayldon Community Centre Toormina Road PO Box 121 TOORMINA NSW 2452	6658 2285
Community Care Options Curacoa Street PO Box 1382 COFFS HARBOUR NSW 2450	6650 2000
Coffs Harbour Neighbourhood Centre Coffs Harbour Community Village Earl Street COFFS HARBOUR NSW 2450	6648 3694
Community Settlement Services Coffs Harbour Community Village Earl Street COFFS HARBOUR NSW 2450	6652 4699
Home Care Service of NSW 72 Grafton Street PO Box 550 COFFS HARBOUR NSW 2450	6659 1360
Toormina Neighbourhood House Sawtell Road PO Box 335 TOORMINA NSW 2452	6658 4655
Woolgoolga Neighbourhood Centre Cnr Beach and Boundary Streets PO Box 646 WOOLGOOLGA NSW 2456	6654 1598

## Statewide

The Aged Care Rights Service	1800 424 079
Department of Ageing, Disability and Home Care Head Office	(02) 9367 6811
Coffs Harbour Office	6659 1300
Carelink	1800 052 222
Combined Pensioners	Toll Free 1800 451 488
National Retirement Association	(02) 9235 0511
National Seniors Association	(02) 9891 1199
NSW Council on the Ageing	(02) 9286 3860
Seniors Information Service Level 4 280 Pitt Street SYDNEY NSW 2000	131 244
Superannuants Association	(02) 9281 3588
Department of Veteran Affairs	6650 9029 1800 555 254



## 6. HEALTH SERVICES

### Assessment and Rehabilitation Services

Aged Care Transitional Intervention Program (ACTIP) 6656 7641  
Coffs Harbour Health Campus (Public Hospital)  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Allied Health 6656 7700  
Coffs Harbour Health Campus (Public Hospital)  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Coffs Harbour Health Campus (Public Hospital) 6656 7000  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Commonwealth Rehabilitation Service Australia 6648 7920  
Coffs Harbour Regional Unit  
Suite 6, Commercial Centre  
1 Duke Street  
COFFS HARBOUR NSW 2450

Ramsay Professional Services 6658 0322  
Baringa Private Hospital  
Mackays Road  
COFFS HARBOUR NSW 2450

### Community Nursing Services

Bananacoast Home Nursing and Respite Care 6651 3153  
66 Albany Street Mobile 0418 425 504  
COFFS HARBOUR NSW 2450

Coffs Harbour Nursing Service 6652 9155  
22 Azalea Avenue  
COFFS HARBOUR NSW 2450

## **Community Nursing Services (cont'd)**

Community Nursing 6656 7820  
Coffs Harbour Health Campus (Public Hospital)  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Kincare 1300 733 510  
(Personal Care Services and Domestic Assistance)

Stanhope Home Nursing Services (Toll Free) 1800 625 887  
(Nursing, personal care, domestic assistance and respite care)

## **Continence Services and Information**

Community Nursing 6656 7804  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

## **Dementia Services and Information**

Aged Care Assessment Team 6656 7688  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Dementia Helpline Free Call 1800 639 331

## **Dental Clinic for Pensioners**

Mid North Coast Area Health Service 6656 7800  
Dental Clinic  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Health Care Card Holders only



## **Health Centres**

Women's Health Centre 6652 8111  
74 Victoria Street  
PO Box 46  
COFFS HARBOUR NSW 2450

Community Health 6656 7820  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Aboriginal Health Service 6656 7845  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Galambila Aboriginal Health Clinic 6652 2703  
Cnr Boambee and High Streets  
COFFS HARBOUR NSW 2450

Ramsay Professional Services 6658 0322  
Baringa Private Hospital  
Mackays Road  
COFFS HARBOUR NSW 2450

## **Hearing Centres**

Community Health Centre 6656 7820  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Australian Hearing Services 6651 3222  
2 Lyster Street  
COFFS HARBOUR NSW 2450

**Private Hearing Centres in  
Yellow Pages of the Telephone Directory**

Vision Australia  
(Blindness and low vision services)  
126 West High Street  
COFFS HARBOUR NSW 2450

Referrals 1300 847 466  
6651 1863

### **Hospitals**

Baringa Private Hospital  
Mackays Road  
COFFS HARBOUR NSW 2450

6659 4444

Coffs Harbour Health Campus (Public Hospital)  
CASUALTY  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

6656 7000  
6656 7400

### **Medical Aids and Appliances**

Hales Orthotic Services  
92 Bray Street  
COFFS HARBOUR NSW 2450

6651 2600

Scooters Australia  
40 Park Avenue  
COFFS HARBOUR NSW 2450

6651 5333

Willaid Health Care Equipment  
22A Gordon Street  
COFFS HARBOUR NSW 2450

6651 7900

### **Nursing Home and Hostel Assessments**

Aged Care Assessment Team  
Coffs Harbour Health Campus  
Pacific Highway  
COFFS HARBOUR NSW 2450

6656 7688

## **Palliative Care**

Look Good – Feel Better  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

6656 7683

Palliative Care  
Coffs Harbour Health Campus (Base Hospital)  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

6656 7683

## **Podiatry Services**

Community Health  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

6656 7688



Health Care Card Holders only

### **Private Podiatry Services in Yellow Pages of the Telephone Directory**

Snipin 'N Clipin Nails  
Mobile Service - Monday to Saturday

6653 6140  
0429 156 730



Vision Australia  
PO Box 1401  
COFFS HARBOUR NSW 2450

6651 1863

## 7. LEGAL INFORMATION

Chamber Magistrate 6651 9025  
Coffs Harbour Court House  
2 Moonee Street  
COFFS HARBOUR NSW 2450

Aboriginal Legal Service 6651 8033  
182 Pacific Highway  
COFFS HARBOUR NSW 2450

Legal Advisory Service 6648 3694  
Neighbourhood Centre  
Coffs Harbour Community Village  
Earl Street  
COFFS HARBOUR NSW 2450

Legal Aid Commission 6651 7899  
Coffs Harbour District  
4 Park Avenue  
COFFS HARBOUR NSW 2450

Legal Aid Commission of NSW (02) 9219 5000  
323 Castlereagh Street  
SYDNEY NSW 2000

Guardianship Tribunal (02) 9555 8500  
2a Rowntree Street Toll Free 1800 463 928  
BALMAIN NSW 2041

Protective Commissioner and Public Guardian (02) 9265 3131  
Level 15, Piccadilly Tower  
133 Castlereagh Street  
SYDNEY NSW 2000

### **Consumer Affairs**

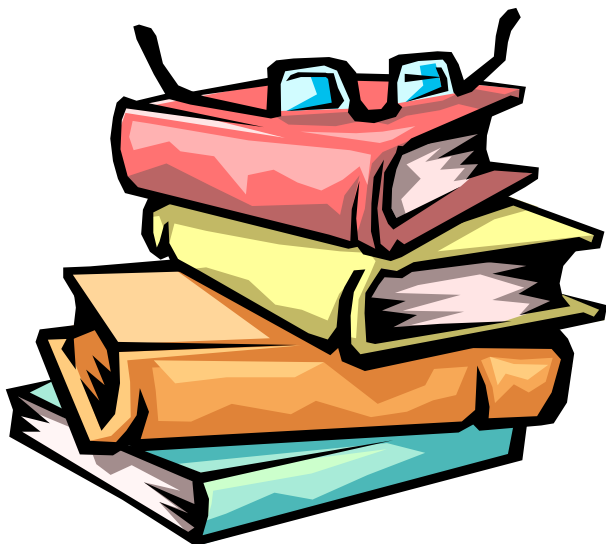
Department of Fair Trading 6653 0700  
22 Park Avenue  
COFFS HARBOUR NSW 2450

## 8. LIBRARY SERVICES

Coffs Harbour City Library and Information Service 6648 4900  
Rigby House  
Cnr Duke and Coff Streets  
COFFS HARBOUR NSW 2450

Toormina Library and Information Centre 6653 1526  
Minorie Drive  
TOORMINA NSW 2450

Woolgoolga Library and Information Centre 6654 0010  
Ganderton Street  
WOOLGOOLGA NSW 2456



## 9. MEALS ON WHEELS

Aboriginal Wheels to Meals Service 6648 3680  
Coffs Harbour Community Village  
Earl Street  
COFFS HARBOUR NSW 2450

COFFS HARBOUR MEALS ON WHEELS  
Coffs Harbour Community Village 6648 3600  
Earl Street  
COFFS HARBOUR NSW 2450

SAWTELL MEALS ON WHEELS  
25 Elizabeth Street 6653 3298  
SAWTELL NSW 2452

WOOLGOOLGA MEALS ON WHEELS  
Boundary Street 6654 2870  
PO Box 89  
WOOLGOOLGA NSW 2456



## 10. PENSIONS AND OTHER BENEFITS

Centrelink	
Aged Pension Information	132 300
Disability Pension Information	132 717
21-25 Duke Street	
PO Box 1231	
COFFS HARBOUR NSW 2450	
Department of Veterans Affairs	6650 9029
Information Service	
21-25 Duke Street	
PO Box 1230	
COFFS HARBOUR NSW 2450	
Luke Hartsuyker's Pension Information Book	6652 6233
Luke Hartsuyker's Office	1800 800 217
39 Little Street	
PO Box 2056	
COFFS HARBOUR NSW 2450	

**NSW Seniors Card Applications**  
**Available at any Post Office, Council or Neighbourhood Centre**

## **11. RECREATION, LEISURE, EDUCATION AND TRAINING**

### **Arts, Craft and Recreational Groups**

Bananacoast Radio Control Flyers Club Model Flying Field Pacific Highway MOONEE NSW 2450	6652 3570
Bobbin Lace Making - Joyce Marshall 16 Alexander Street NANA GLEN RAIL NSW 2450	6654 3316
Coffs Calligraphers	6651 2406
Coffs Harbour Amateur Radio Club PO Box 555 COFFS HARBOUR NSW 2450	6653 4601
Coffs Harbour Art and Craft Group PO Box 6354 Park Beach Plaza COFFS HARBOUR NSW 2450	6651 9549
Coffs Harbour Arts Council Inc	6659 3360
Coffs Harbour Cake Decorating Club 69 Moonee Street COFFS HARBOUR NSW 2450	6652 3986
Coffs Harbour Chess Club c/- Coffs Harbour Catholic Recreation and Sports Club 59 High Street COFFS HARBOUR NSW 2450	6656 1404
Coffs Harbour Doll Club PO Box 1862 COFFS HARBOUR JETTY NSW 2450	6651 3173

## Arts, Craft and Recreational Groups (cont'd)

Coffs Harbour Garden Club PO Box 344J COFFS HARBOUR NSW 2450	6658 3990
Coffs Harbour Lapidary and Associated Crafts Club PO Box J87 COFFS HARBOUR JETTY NSW 2450	6652 4959
Coffs Harbour Education and Recreation Program (CHERP) Craft Club Coffs Harbour Neighbourhood Centre Earl Street COFFS HARBOUR NSW 2450	6648 3694
Coffs Harbour Orchard Society 8 Skinner Close EMERALD BEACH NSW 2456	6656 1937
Coffs Harbour Stamp and Coin Club Coffs Harbour Catholic Recreation and Sports Club 59 High Street COFFS HARBOUR NSW 2450	6653 6143
Coffs Quilters and Needlecraft Group Wesleyan Centre 76 Bray Street COFFS HARBOUR NSW 2450	6652 4530 6652 4138
Family History Society	6651 8146
Friends of the Bunker Cartoon Gallery Inc PO Box 2474 COFFS HARBOUR NSW 2450	6651 7343
Ladies Craft Group Salvation Army	6652 8777

## Arts, Craft and Recreational Groups (cont'd)

Plaza Club 6652 4366  
Park Beach Plaza  
Pacific Highway  
PO Box 6001  
COFFS HARBOUR NSW 2450

Sawtell Art Group Inc 6658 6477  
Corner Bayldon and Lyons Roads  
SAWTELL NSW 2452

Tokonama Bonsai Society 6653 6370  
6652 4897

Toormina Craft Group 6653 2025  
Girl Guide Hall 6653 2195  
Minorie Drive  
TOORMINA NSW 2452

Woolgoolga Art Group (BH) 6654 1054  
Gallery (AH) 6654 1871  
Turon Parade  
WOOLGOOLGA NSW 2456

Woolgoolga Neighbourhood Centre Craft Club 6654 1598  
Cnr Beach and Boundary Streets  
PO Box 646  
WOOLGOOLGA NSW 2456

Woolgoolga Spinners and Weavers (BH) 6654 1054  
Gallery (AH) 6654 1768  
Turon Parade  
WOOLGOOLGA NSW 2456

## Bingo

Coffs Harbour Catholic Recreation and Sports Club 6652 1477  
61A High Street  
COFFS HARBOUR NSW 2450

## **Arts, Craft and Recreational Groups (cont'd)**

Coffs Harbour Ex-Services Club Vernon Street COFFS HARBOUR NSW 2450	6652 3888
Sawtell Bowling Club Lyons Road SAWTELL NSW 2452	6653 1287
Sawtell RSL Club First Avenue SAWTELL NSW 2452	6653 1577
Woolgoolga Bowling Club Boundary Street WOOLGOOLGA NSW 2456	6654 1307

## **Bowls and Indoor Bowls**

Coffs Harbour Catholic Recreation and Sports Club 61A High Street COFFS HARBOUR NSW 2450	6652 1477
Coffs Harbour Ex-Services Club Vernon Street COFFS HARBOUR NSW 2450	6652 3888
Coffs Harbour Senior Citizens Centre Cavanbah Centre Harbour Drive COFFS HARBOUR NSW 2450	6658 9876 6652 2585
Coffs Harbour 60 and Over Bowlers Club	6658 1748
Mahjong Coffs Ex-Services Club Monday and Wednesday, 2.00 pm to 5.00 pm	6652 3888 OR 6652 2234
Mid North Coast Vision Impaired and Blind Bowlers Association	6655 6194

## Arts, Craft and Recreational Groups (cont'd)

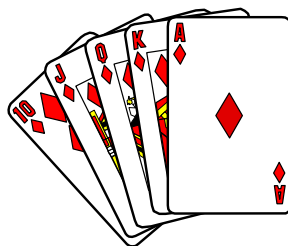
Park Beach Bowling Club 6652 3622  
Ocean Parade  
COFFS HARBOUR NSW 2450

Sawtell Bowling Club 6653 1287  
Lyons Road  
SAWTELL NSW 2452

Sawtell RSL Club 6653 1577  
First Avenue Indoor Only  
SAWTELL NSW 2452

Woolgoolga Bowling Club 6654 1307  
Boundary Street  
WOOLGOOLGA NSW 2456

### Card Games



Coffs Harbour Senior Citizens Centre 6658 9876  
Cavanbah Centre 6652 2585  
Harbour Drive  
COFFS HARBOUR NSW 2450

### Bridge

Coffs Harbour Bridge Club (BH) 6652 3951  
City Hill (AH) 6653 7115  
Albany Street  
COFFS HARBOUR NSW 2450

## **Arts, Craft and Recreational Groups (cont'd)**

### ***Euchre***

Coffs Harbour Ex-Services Club 6653 2921  
Vernon Street  
COFFS HARBOUR NSW 2450

Coffs Harbour Catholic Recreation and Sports Club 6652 8693  
59 High Street 6652 1477  
COFFS HARBOUR NSW 2450

### **Croquet**

Sawtell Croquet Club 6653 2359  
Sawtell Reserve  
SAWTELL NSW 2452

Woolgoolga Croquet Club 6656 1080  
Ganderton Street  
WOOLGOOLGA NSW 2456

### **Dance**

Coffs Harbour Senior Citizens Centre 6658 9876  
Cavanbah Centre 6652 2585  
Harbour Drive  
COFFS HARBOUR NSW 2450

Dancing for Adults 6652 2506

Holiday Coast Bootscooters 6568 7232

Old Time Dance Club 6652 1927  
Coffs Harbour Ex-Services Club  
Vernon Street  
COFFS HARBOUR NSW 2450

Pacific Dance Centre Ballroom Dancing 6651 3032  
Coffs Harbour Showground  
COFFS HARBOUR NSW 2450

## Arts, Craft and Recreational Groups (cont'd)

Rock and Roll Dance Classes 6652 6708

Sawtell RSL Club 6653 1577  
First Avenue  
SAWTELL NSW 2452

Square Dancing 6652 4837  
Cavanbah Centre  
191 High Street  
COFFS HARBOUR NSW 2450

### Drama

Bootlace Productions  
PO Box 351J  
COFFS HARBOUR JETTY NSW 2450



6653 6664  
6653 6010

CHATS Productions  
PO Box 111  
COFFS HARBOUR NSW 2450

6651 9098

Coffs Harbour Musical Comedy Co Inc  
PO Box 1466  
COFFS HARBOUR NSW 2450

6653 2345

Jetty Memorial Theatre  
High Street  
COFFS HARBOUR NSW 2450

6652 4697

Krazy Komedy Krew Productions

6652 3199  
Mobile 0419 492 917



## **Arts, Craft and Recreational Groups (cont'd)**


### **Education**

Adult Community Education (A.C.E.)	6652 5378
Coffs Coast Adult Education (CCAЕ)	6652 5378
Coffs Harbour Education Campus (CHEC)	
North Coast Institute of TAFE	6659 3000
Southern Cross University	6659 3777
Coffs Harbour Education and Recreation Program	6652 9498
(CHERP)	6652 4699
Coffs Seniors Computer Club Inc	6652 3853 or 6658 0507
Enterprise and Training Centre (ETC)	6658 3959
Interrelate	6651 1010
University of the Third Age	(President) 6654 2493
PO Box 1596	(Secretary) 6653 6419
COFFS HARBOUR NSW 2450	

### **Exercise**

Adventure Girls	6653 4765 or 6658 9676
Coffs Harbour Aussie Masters Swimming	6653 1977
Cycling - Bugs (Bicycle Users Group)	6656 2885
Empire Gym on the Jetty	6652 1428
Gentle Exercise and Yogacise Classes	6650 9710
	Mobile 0409 608 000

## Arts, Craft and Recreational Groups (cont'd)

Harbour Health Club		6651 1172
Ramsay Professional Services (Aqua and Exercise Classes)		6658 0322
Shot Ball (low key version of netball)		6651 2501
Tai Chi		6652 4699
Tennis		6652 3130
Water Aerobics (Aquatic Centre, Coffs Harbour)		6652 5700
Yoga		6651 2501

### Golf Clubs

Bonville International Golf Resort	6653 4002
Coffs Harbour Golf Club	6652 3244
Karangie Golf Club	6653 8862
Sawtell Golf Club	6653 1006
Woolgoolga RSL Golf Club	6654 2111

### Gun/Rifle Clubs

Coffs Harbour Clay Target Association	6656 1842
Coffs Harbour Gun Club	6656 1842
Coffs Harbour Pistol Club	6653 1250
Coffs Harbour Rifle and Rim Fire Club	6650 0471
Sporting Shooters Association of Australia	6652 4145

## Arts, Craft and Recreational Groups (cont'd)

### Music

Coffs City Choir 6656 1896

Coffs Coast Pipes and Drums 6651 6284  
PO Box 568  
COFFS HARBOUR NSW 2450

Coffs Harbour Community Orchestra 6652 3642  
69 Beryl Street  
COFFS HARBOUR NSW 2450



Coffs Harbour Music Society 6653 6547  
PO Box 1530 6651 5738  
COFFS HARBOUR NSW 2450

Coffs Regional Conservatorium Arts Centre 6652 1592  
Cnr Earl Street and Park Avenue  
COFFS HARBOUR NSW 2450

### Others

Coffs Coast Archery Club 6652 7505

Coffs Harbour Ex-Services Women's Association 6652 1191

Creative Living Group 6654 0501

Scenic Flights 6652 2992

Snooker and Billiard Club (Coffs Harbour) 6652 5362

Toastmaster International – Coffs Harbour 6652 9498

## Arts, Craft and Recreational Groups (cont'd)

### Table Tennis

Coffs Harbour Indoor Cricket Centre Lot 73 Pacific Highway BOAMBEE NSW 2450	6652 8133
Over 50's Table Tennis Association PO Box 980 COFFS HARBOUR NSW 2450	6651 4626


### Travel

Catholic Club Travel Club	6652 5057
Coffs Harbour Friendly Travel Club	6653 7151
Coffs Ex-Services Travel Club	6652 3888

### Volunteer Training / Recruitment

Volunteering Coffs Harbour Coffs Harbour Community Village Earl Street COFFS HARBOUR NSW 2450	6648 3660
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### Writers Groups

Coffs Calligraphers PO Box 192 COFFS HARBOUR NSW 2450	 6651 2406 6652 4057
Coffs Harbour Writers Group PO Box 1953 COFFS HARBOUR NSW 2450	6653 6995

### Yoga

The Yoga Health Centre Searle Close BOAMBEE EAST NSW 2450 (Gentle Yoga and Rehabilitation Yoga)	6658 7700
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## **12. RESPITE CARE AND DAY CENTRES FOR ADULTS**

### **Residential Respite Information and Booking Service** 6656 7646

Aged Care Assessment Team (ACAT)  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

### **Respite Care**

Bananacoast Home Nursing and Respite Care 6651 3153  
66 Albany Street  
COFFS HARBOUR NSW 2450

Coffs Harbour Legacy Nursing Home 6652 1426  
55 Victoria Street  
COFFS HARBOUR NSW 2450

Ozanam Villa 6652 2366  
9 Nimbin Place  
COFFS HARBOUR NSW 2450

Seagull Centre 6654 0022  
Woolgoolga and District Retirement Village  
49 High Street  
WOOLGOOLGA NSW 2456

St Joseph's Hostel for the Aged 6651 2870  
35-39 Azalea Avenue  
COFFS HARBOUR NSW 2450

Waratah Centre 6648 3610  
Coffs Harbour Community Village  
Earl Street  
COFFS HARBOUR NSW 2450

**Respite Care and Day Centres for Adults (cont'd)**

**Day Centres for Adults**

St Augustine's Community Group 6649 2957  
Anglican Church Hall 6654 2305  
Scarborough Street  
WOOLGOOLGA NSW 2456

Sawtell Adult Social Morning 6653 4304  
CWA Hall  
Elizabeth Street  
SAWTELL NSW 2452

Waratah Centre 6648 3610  
Coffs Harbour Community Village  
Earl Street  
COFFS HARBOUR NSW 2450



## **13. SOCIAL GROUPS AND SERVICE GROUPS**

### **Apex Clubs of Australia**

Coffs Harbour 6651 5505

### **Coffs Harbour Legacy**

6652 7583

### **Coffs Harbour Senior Citizens Club**

6658 9876

### **Combined Pensioners and Superannuants Association - CPSA**

Woolgoolga CPSA (President) 6654 1363  
(Secretary) 6654 1675

### **Country Women's Association**

Bonville CWA 6653 2662

Coffs Harbour CWA 6652 3046

Coffs Harbour CWA Evening Branch 6652 4335 or 6652 1889

Woolgoolga CWA 6656 1510 or 6654 2241

### **Lions Clubs**

Bonville Sawtell 6651 3854

Coffs Harbour 6651 3063

Pacific City 6651 3854

Woolgoolga 6654 1404

**Pink Ladies Auxiliary**  
Coffs Harbour Health Campus (Public Hospital)

6656 7000



### **Probus Clubs**

Coffs City	(President) 6658 0054 (Secretary) 6651 2891
Coffs Harbour Combined	(President) 6652 2632 (Secretary) 6652 2427
Men's Coffs Harbour & District Probus Club Inc	(President) 6651 9197 (Secretary) 6651 5069
Sawtell	(President) 6658 2853 (Secretary) 6658 4888
Woolgoolga Ladies	(President) 6654 2241 (Secretary) 6654 2644
Woolgoolga Men's	(President) 6656 2906 (Secretary) 6649 2764 (Publicity Officer) 6654 7421

### **Rotary Clubs**

Rotary Club of Coffs Harbour	6652 2812
Rotary Club of Coffs Harbour City	6653 6510
Rotary Club of Coffs Harbour Daybreak	6652 9393 or 6651 6551
Rotary Club of Coffs Harbour South Inc	(Secretary) 6653 1843 (Publicity Officer) 0414 529 818

## **Rotary Clubs (cont'd)**

Rotary Club of Sawtell 6653 1788

Woolgoolga Rotary Club 6654 1551 or 6656 2293

## **VIEW Clubs**

Coffs Harbour VIEW Club -Daytime Group 6651 3622  
PO Box 6439  
Park Beach Plaza  
COFFS HARBOUR NSW 2450

Coffs Harbour VIEW Club - Evening Group 6651 1299  
PO Box 1953  
COFFS HARBOUR NSW 2450

Korora VIEW Club 6651 4936 or 6653 7838  
PO Box 6602  
Park Beach Plaza  
COFFS HARBOUR NSW 2452

Sawtell VIEW Club 6658 1702 or 6658 2221  
PO Box 112  
TOORMINA NSW 2452

Toormina Evening VIEW Club 6658 1442 or 6653 1109  
12 Bardsley Crescent  
TOORMINA NSW 2452

Woolgoolga Day VIEW Club 6654 0137  
PO Box 268  
WOOLGOOLGA NSW 2456

**Zonta Club of Coffs Harbour** 0409 532 556  
PO Box 1584  
COFFS HARBOUR NSW 2450  
Website: [www.zontadistrict24.org](http://www.zontadistrict24.org)

## 14. SUPPORT AND SELF HELP GROUPS

Al-Anon PO Box 2521 COFFS HARBOUR NSW 2450 (for relatives and friends of alcoholics)	Coffs Harbour – 6652 4740
Alzheimers Support Group	6656 7688
Arthritis Foundation of NSW North Parramatta	Free Call 1800 011 041
Coffs Harbour Arthritis Group	6653 4687 6656 2558
Bereavement and Grief Support Palliative Care Coffs Harbour Health Campus 345 Pacific Highway COFFS HARBOUR NSW 2450	6656 7683 6656 7685
Breast Cancer Support Service Cancer Care Unit Coffs Harbour Health Campus 345 Pacific Highway COFFS HARBOUR NSW 2450	6656 7683 6656 7685
Coffs Harbour Cancer Care Support Group Palliative Care Coffs Harbour Health Campus 345 Pacific Highway COFFS HARBOUR NSW 2450	6656 7683 6656 7685
Coffs Harbour Carers Support Group	6652 2331 6653 7686

## Support and Self Help Groups (cont'd)

Coffs Harbour Women's Domestic Violence  
Court Assistance Scheme  
Shop 6, Parklea Arcade  
13-15 Park Avenue  
COFFS HARBOUR NSW 2450

6650 0302  
Fax 6652 9749

Diabetes Support  
Primary Health  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

6656 7854

Guide Dogs NSW/ACT  
Suite 3, 62 Moonee Street  
COFFS HARBOUR NSW 2450

6652 7424

Motor Neurone Disease Support Group

6652 2571

Multiple Sclerosis Information Line  
Multiple Sclerosis Society of NSW  
Coffs Harbour Branch  
Outreach Worker  
Support Group

1800 042 138  
6651 2505  
6654 0886

Parkinson's NSW Inc, Sydney  
Parkinson's Support Group – Coffs Harbour

Free Call 1800 644 189  
6649 2010  
OR 6655 1717

Renal Service Coffs Harbour  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

6656 7698

## Support and Self Help Groups (cont'd)

Vision Australia 6651 1863  
PO Box 1401  
COFFS HARBOUR NSW 2450

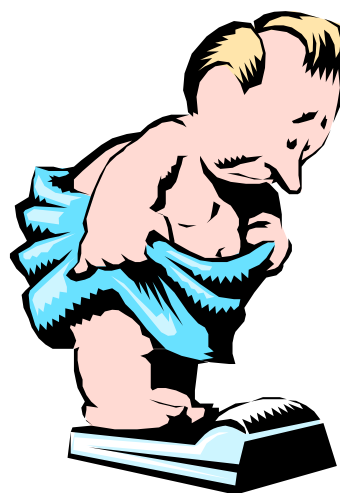
Stepping Stones 6656 7683  
Support for People With Cancer 6656 7685  
Coffs Harbour Health Campus  
345 Pacific Highway  
COFFS HARBOUR NSW 2450

Stroke Swim Club – Red Cross 6652 3424

Vision Impaired Support and Insight Group 6652 4117  
Every second Thursday, Coffs Ex-Services, 10.00 am

War Widows' Guild of Australia NSW Ltd 6651 4204  
10 Gillies Close  
COFFS HARBOUR NSW 2450

Weight Watchers Toll Free 131 997  
Coffs Harbour Community Village 6653 8526  
Earl Street  
COFFS HARBOUR NSW 2450



## 15. TRANSPORT

### Coaches and Buses

Busways 6652 2744  
4 O'Keefe Drive 1300 555 611  
COFFS HARBOUR NSW 2450

Coffs Harbour Day Tours 6658 7386

Holiday Coast Transportation Services 6658 9999  
11 Hi-Tech Drive  
TOORMINA NSW 2452

Sawtell Coaches 6653 3344  
9-11 Newcastle Drive  
TOORMINA NSW 2452

Ryan's Bus Service  
Hawke Drive  
WOOLGOOLGA NSW 2456 6654 1063  
9 Hurley Drive  
COFFS HARBOUR NSW 2450 6652 3201

**Coffs Harbour Airport** 6651 2727

**Community Transport** 6651 1137  
Shop 8  
13-15 Park Avenue  
COFFS HARBOUR NSW 2450

### Rail Bookings

Countrylink Travel Centre 6651 2757  
Coffs Harbour Travel Centre  
Coffs Harbour Railway Station  
Angus Place  
COFFS HARBOUR JETTY NSW 2450



## **Taxi Services**

Coffs District Taxicab Network Pty Ltd  
11 Hi-Tech Drive  
PO Box 413  
TOORMINA NSW 2452

131 008  
Office 6658 9999

Woolgoolga Taxi Service  
PO Box 510  
WOOLGOOLGA NSW 2456

6654 1273

## **Taxi Services for People With Disabilities**

Coffs District Taxicab Network Pty Ltd  
11 Hi-Tech Drive  
PO Box 413  
TOORMINA NSW 2452

131 008



## **Transport Assistance**

### ***Isolated Patients Travel and Accommodation Scheme - IPTAAS***

Lismore Coordinator

(02) 6620 2168



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