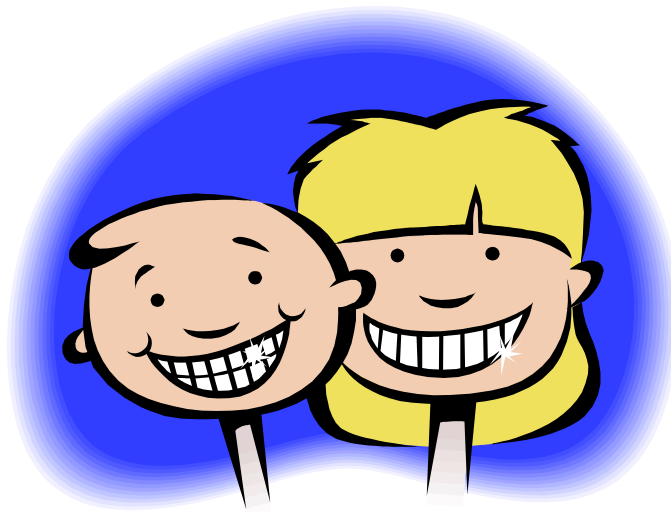


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# CHILDREN'S SERVICES DIRECTORY

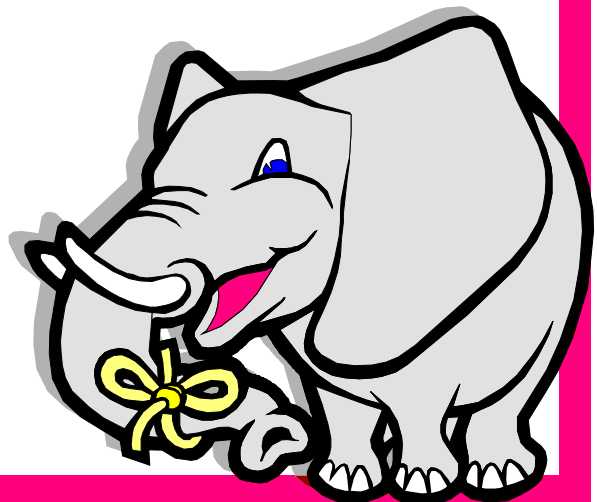


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## **TO UPDATE INFORMATION IN THIS DIRECTORY**

For any future changes to information contained in this directory please telephone Alison Kelly on 6648 4832 or email Council at [alison.kelly@chcc.nsw.gov.au](mailto:alison.kelly@chcc.nsw.gov.au)

**THANK YOU**



# INTRODUCTION

The Children's Services Directory contains current information about the variety of services available in Coffs Harbour. A map showing the boundaries of the local government area follows this introduction.

A major emphasis of the directory is placed on community based and private child care services. Other information included covers details on child protection, support services, playgroups, health services and government subsidies.

More general information about community services is available in the Coffs Harbour Community Information Directory, which is updated on an annual basis. Copies are available in booklet form or CD-ROM and can be purchased from the Coffs Harbour Neighbourhood Centre at the Coffs Harbour Community Village in Earl Street, Coffs Harbour. For further enquiries please telephone 6652 4699.

Enquiries regarding this Children's Services Directory can be directed to Council's Community Services Branch by telephoning 6648 4832.

Coffs Harbour City Council produces this booklet as a free service to the community.

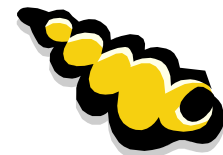
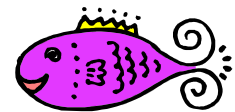
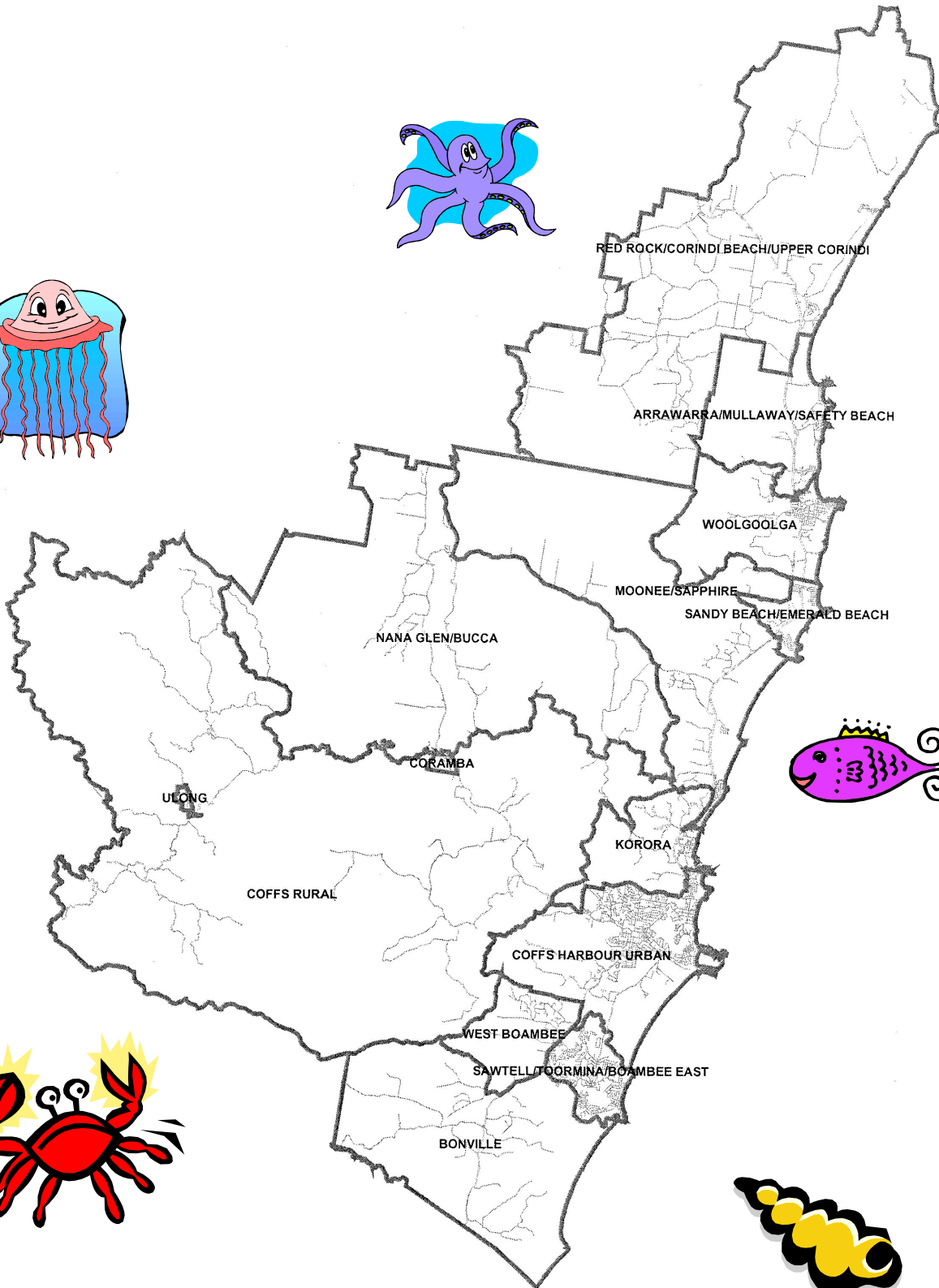
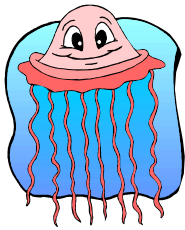
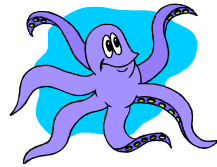
For any information required that is not found in this directory please contact

# **Commonwealth Carelink Centre**

**1800 052 222**



# AREA MAP OF COFFS HARBOUR



# C O N T E N T S

	<b>Page No</b>
<b>ASSISTANCE WITH CHILD CARE COSTS</b>	1
<b>BEFORE AND AFTER SCHOOL CARE</b>	2-3
<b>CARE AND CHILD PROTECTION</b>	4
Care and Child Protection Agency	4
Child and Adolescents Sexual Assault Service	4
<b>CARER INFORMATION</b>	5
<b>CHILD CARE CENTRES AND PRESCHOOLS</b>	6-11
<b>CHILD CARE</b>	12
Child Support Scheme	12
In-Home Service	12
<b>DISABILITY SERVICES</b>	13-18
Camp Quality	13
Coffs Harbour City Council	13
Coffs Harbour MyTime	13
Coffs Harbour Play Connect	14
Coffs Harbour Public School - Special Support Unit	14
Community Information Directory	14
Development Disability Service - Services for Children with a Disability	15
Early Childhood Intervention Program	15
Home Care Service of NSW	16
Mid North Coast Carer Respite Centre	17
Northcott Disability Services	17
Respite and Recreation Inc	18
Vision Australia	18
<b>EARLY CHILDHOOD CENTRES (Child and Family Health Nursing)</b>	19
<b>EQUIPMENT HIRE</b>	20
<b>FAMILY DAY CARE</b>	21
<b>FAMILY ALLOWANCE</b>	22
<b>HEALTH</b>	23
Community Nursing	23
Dental Clinic	23
Palliative Care	23
Primary Health and Extended Care	23

# C O N T E N T S (cont'd)

	<b>Page No</b>
<b>IMMUNISATION</b>	24
<b>JET PROGRAM</b>	25-26
<b>OCCASIONAL CARE</b>	27
<b>PLAYGROUP NSW</b>	28
<b>PLAYGROUPS</b>	28-31
<b>PLAYGROUPS - MUSIC BASED</b>	32
<b>SPECIFIC SUPPORT GROUPS</b>	33
Australian Breastfeeding Association (ABA)	33
Coffs Coast Autism Spectrum Disorder Parents Support Group Inc	33
The Mid North Coast Home Birth Group	33
Multiple Birth Club	33
<b>SPECIFIC SUPPORT SERVICES</b>	34-36
Coffs Harbour Carers Support Group	34
Coffs Harbour Children's Services Adviser	34
Interrelate	34
Interrelate - Children's Contact Centre (ICCC)	35
Legacy	35
Royal Far West	36
Uniting Care Burnside (Support Service)	36
Warrina Women and Children's Refuge	36
<b>STATE GROUPS</b>	37-38
Child Care Information Service	37
Contact Inc	37
Network of Community Activities	38
<b>TOY LIBRARY (Coffs Coast Toy Library)</b>	39
<b>VACATION CARE</b>	40
<b>WOMEN'S DIRECTORATE - NSW DEPARTMENT OF INDUSTRIAL RELATIONS AND EMPLOYMENT</b>	41
Are you having a baby?	

# DEFINITIONS OF CHILD CARE SERVICES

## **BEFORE AND AFTER SCHOOL CARE**

Provides activities and care for school aged children before or after school hours. Offering a program of structured and unstructured activities that are interesting, creative and child centred with a balance of centre based activities and excursions.

Centres are usually attached to a school or provided in a community venue. A fee for care is charged and childcare assistance may be available according to proven level of income.

## **FAMILY DAY CARE**

Is a licensed child care service that is conducted in a care giver's home and operates with a maximum of seven children (five under school age and two school age, including the licensee's own children).

Family Day Care provides a home style environment which offers a stimulating program of activities and a daily routine, flexible enough to cater for the needs of the individual child.

Care givers are recruited by Family Day Care and parents are offered a choice of carers who are considered to be appropriate to meet the family's needs.

Fees are charged, however, childcare assistance may be available according to your proven level of income.

Emergency care including overnight care may also be available.

## **HOME BASED CARE**

Is a licensed child care service provided in a private home with a care giver licensed by the NSW Department of Community Services . Care is provided for up to five children ranging from six weeks to six years of age and two school age children (including the care givers own children).

School aged children may also be cared for before or after school and during school holidays. Fees are charged, with fee subsidies available through the Medicare Cash Rebate Scheme.

## **LONG DAY CARE**

Long Day Care Centres should offer a developmentally appropriate program which provides a planned curriculum including a range of activities and experiences which will enhance the social, emotional, cognitive and physical well being of individual children.

Care may be provided in a centre for children aged from six weeks to six years with some before and after school care for older children. Some occasional or part-time care may also be available.

## **DEFINITIONS OF CHILD CARE SERVICES (cont'd)**

Long Day Care Centres usually operate longer hours to suit studying or working parents and care is provided in a licensed and regularly inspected centre.

Childcare assistance may also be available according to proven level of income.

### **OCCASIONAL CARE**

Occasional Childcare Services offer a developmentally appropriate program which provides a planned curriculum.

It allows parents to attend appointments, shop, give themselves a break, avert family stress, engage in casual work and study commitments and provides parents with support, resources, information and referral.

It also allows parents the opportunity for social interaction to be provided for their children.

Short periods of care may be provided irregularly and regularly dependent on local community needs and in consideration of the needs of children. There may also be provision for emergency situations during daytime hours.

Care is provided for children aged from six weeks to six years of age and centres are licensed by the NSW Department of Community Services.

### **PRESCHOOLS**

Preschools should also offer a developmentally appropriate program which provides a planned curriculum.

Centres are licensed by the Department of Community Services and parents in financial need may be eligible for subsidy according to their proven level of income.

### **VACATION CARE**

Vacation Care services should provide quality programs where children are afforded the opportunity for recreation, play and social interaction in a safe environment.

Programs should include structured and unstructured activities that are interesting, creative and child centred, with a balance of centre based activities and excursions.

Programs should encourage children's social, emotional, creative and physical development.

Vacation Care is aimed at school aged children during school holidays and childcare assistance may be available according to proven level of income.

# ASSISTANCE WITH CHILD CARE COSTS

PHONE: 136 150 Family Assistance Office

ADDRESS: Centrelink  
PO Box 1231, COFFS HARBOUR 2450  
21-25 Duke Street, COFFS HARBOUR 2450

**Child Care Benefit** assists families with their child care costs. Your income will be taken into account for Child Care Benefit but high income families are still able to receive some payment.

Child Care Benefit is a payment to help families who use:

- **Approved** child care, and
- **Registered** child care.

## **What is approved child care ?**

**Approved** child care is care provided in a service which has been approved to receive Commonwealth child care payments on your behalf. Most long day care, family day care, before and after school care, vacation care and some in-home and occasional care providers are approved child care services. Your service can tell you if they are approved to receive Commonwealth payments.

## **What is registered child care ?**

**Registered** child care is care provided by nannies, grandparents, relatives or friends who are registered with the Family Assistance Office. It can also include care provided by private pre-schools, kindergartens, some occasional care centres and some outside school hours care services. Your carer can contact the Family Assistance Office on 136 150 for information on how to become registered.

The way you receive your Child Care Benefit will depend on whether you are using **approved** child care or **registered** child care or a combination of both.

# BEFORE AND AFTER SCHOOL CARE

## **COFFS HARBOUR AND DISTRICT FAMILY DAY CARE – HOME BASED CHILD CARE**

PHONE: 6652 7819  
ADDRESS: 10 North Boambee Road, BOAMBEE 2450  
EMAIL: [manager@coffsfdc.org.au](mailto:manager@coffsfdc.org.au)  
DETAILS: The scheme provides subsidised childcare for small groups of children from 5-12 years of age in a nurturing family environment. Care provided for before and after school and during school vacations. Weekend and overnight care can be arranged for parents who are working, studying or have special needs. A special holiday activity program is also offered for the school children registered with the scheme.

## **COMMUNITY OOSH SERVICES**

EMAIL: [communityoosh@hotmail.com](mailto:communityoosh@hotmail.com)  
WEBSITE: [www.communityoosh.com.au](http://www.communityoosh.com.au)  
FAX: 6651 8844 or 6653 6676

Korora Primary School, Kororo School Road, KORORA 2450  
PHONE: 0435 123 489

Links Leisure, Links Indoor Leisure Centre, Hogbin Drive, COFFS HARBOUR 2450  
PHONE: 0432 923 518

Narranga Primary School, Robin Street, COFFS HARBOUR 2450  
PHONE: 0432 923 518

**Free Bus pickup available to all services from all schools**

## **COUNTRY CUBS PRESCHOOL**

PHONE: 6654 4122  
ADDRESS: Cnr Eastbank Road and Coramba Road, Coramba 2450  
DETAILS: Before and after school care for children aged from 5-12 years of age.

# BEFORE AND AFTER SCHOOL CARE

(cont'd)

## AFTER SCHOOL CARE ONLY

### **Bishop Druitt College**

1111 North Boambee Road, Coffs Harbour, 2450

Phone: 6651 7400

Children 5-12 years old. Hours are from 3.00 pm to 6.00 pm.

### **Casuarina Steiner School**

Gentle Street, Coffs Harbour 2450

Phone: 6651 2770

DETAILS: Buses are available to bring children from neighbouring schools.  
Enrolments by appointment only.

### **St Augustine's School**

School Hall, Albany Street, Coffs Harbour 2450

Phone: 0417 666 494 or 6652 1204

DETAILS: Hours 3.00 pm to 6.00 pm. Registered care provided.

## **OPEN ARMS CARE**

PHONE: 1300 656 203 or 6655 2323

### **Bayldon Primary School**

Cnr Lyons and Toormina Roads, Bayldon 2452

### **Coffs Harbour Public School**

Salamander Street, Coffs Harbour 2450

### **Woolgoolga Public School**

Scarborough Street, Woolgoolga 2456

# CARE AND CHILD PROTECTION

## **CARE AND CHILD PROTECTION AGENCY**

DEPARTMENT OF COMMUNITY SERVICES

PHONE: 6659 1555  
9.00 am to 5.00 pm – Monday, Tuesday, Wednesday and Friday  
12.30 pm to 5.00 pm – Thursday

HELPLINE 132 111

ADDRESS: 24 Gordon Street, COFFS HARBOUR 2450

DETAILS: \* Children at risk of abuse and neglect  
\* Temporary, short-term, long-term and foster care  
\* Adoption of children  
\* Child Care licensing and referral  
\* Families in crisis

## **CHILD AND ADOLESCENTS SEXUAL ASSAULT SERVICE – PRIMARY HEALTH CARE**

PHONE: 6656 7200

ADDRESS: Coffs Harbour Health Campus, Pacific Highway  
PO Box 812, COFFS HARBOUR 2450

DETAILS: Provides a long term therapeutic counselling service to victims of sexual assault and non-offending family members.

This is a community based non-government service funded by the Department of Community Services.

Services include individual and family counselling, court support and preparation for victims and family members, support groups and community education.

Referrals are essential and can be made through the Department of Community Services or the NSW Police Child Protection Investigation Team.

# CARER INFORMATION

## CARERS SUPPORT GROUP

PHONE: (02) 6653 2785, (02) 6651 8504 or Mobile 0421 441 133

DETAILS: Support group for carers and liaison assistance with service providers.

Meetings held on the second Thursday of each month at the Coffs Harbour Ex-Services Club from 2.00 pm to 4.00 pm.

## COMMONWEALTH CARER RESPITE CENTRE

PHONE: Freecall 1800 059 059

EMAIL: [general@carer-respite.org](mailto:general@carer-respite.org)

DETAILS: Mid North Coast Carer Respite Centre supports carers who look after children who have a disability, chronic, mental or terminal illness. The Centre can help by providing information on respite options in the region, help with organising planned or emergency respite and / or purchasing respite for carers when no alternative is available.

The centre hours are between 8.30am to 4.30pm Monday to Friday with an after hours service available for carers who have an emergency or crisis situation. The after hours service operates from 4.30pm to 8.30am Monday to Friday, weekends and public holidays and can be contacted by phoning 1800 059 059.



# CHILD CARE CENTRES AND PRESCHOOLS

## **ABC DEVELOPMENTAL LEARNING CENTRES**

PHONE: 6656 4277 FREE CALL 1800 222 543

ADDRESS: 2a Moonee Beach Road, MOONEE BEACH 2450  
AND

PHONE: 6652 1699

ADDRESS: 96 Thompsons Road, COFFS HARBOUR 2450  
AND

PHONE: 6658 6220

ADDRESS: 613B Hogbin Drive, TOORMINA 2452

DETAILS: Monday to Friday, 6.30 am to 6.30 pm for children 0-6 years.

## **BANGALEE PRESCHOOL**

PHONE: 6656 1560

ADDRESS: 84 Diamond Head Drive, SANDY BEACH 2456

DETAILS: Monday to Friday, 8.00 am to 5.30 pm for children 3-6 years.  
Fee relief. Open 48 weeks (closed over Christmas).

## **BANKSIA PRESCHOOL AND LONG DAY CARE CENTRE**

PHONE: 6658 1281

ADDRESS: 2 Tucker Close, BAYLDON 2452

DETAILS: Monday to Friday from 8.00 am to 6.00 pm for children 2-6 years  
(limited 2 year old places). Preschool program between 9.00 am and  
3.00 pm.

## **BOWER BIRD CHILD CARE CENTRE**

PHONE: 6652 7300

ADDRESS: PO Box 956, 5 North Street, COFFS HARBOUR 2450

DETAILS: Monday to Friday, 7.30 am to 5.30 pm for children 2-6 years.  
Caters for up to 36 children. Open 51 weeks of the year.

## **BRAYSIDE COMMUNITY PRESCHOOL INCORPORATED**

PHONE: 6652 8846

ADDRESS: 38-40 Coriedale Drive, COFFS HARBOUR 2450

DETAILS: Monday to Friday, 8.00 am to 4.00 pm for children 3-6 years.

# CHILD CARE CENTRES AND PRESCHOOLS (cont'd)

## **CATERPILLAR HOUSE**

PHONE: 6651 2377  
ADDRESS: 205 Harbour Drive, COFFS HARBOUR 2450  
DETAILS: Tuesday, 8.30 am to 4.00 pm, Monday, Wednesday to Friday 8.30 am to 5.00 pm. Children aged 0-6 years.

## **COFFS CHRISTIAN OUTREACH FAMILY LINK CENTRE**

PHONE: 6652 8641  
ADDRESS: PO Box 8015, 101 Stadium Drive, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 7.45 am to 6.00 pm for children 6 weeks to school age. Open 52 weeks.

## **COFFS HARBOUR COMMUNITY PRESCHOOL**

PHONE: 6652 1064  
ADDRESS: 11 Brodie Drive, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 9.00 am to 3.00 pm for children 3-6 years. Extended care is available to working parents between 8.00 am and 4.00 pm.

## **COFFS HARBOUR MONTESSORI PRESCHOOL**

PHONE: 6653 7122  
ADDRESS: 27 James Small Drive, KORORA 2450  
DETAILS: Monday to Friday, 8.30 am to 3.30 pm for children 3-6 years.

## **COUNTRY CUBS PRESCHOOL**

PHONE: 6654 4122  
ADDRESS: Cnr Eastbank Road and Coramba Road, CORAMBA 2450  
DETAILS: Hours from 7.30 am to 5.30 pm for children 2-6 years. Caters for up to 36 children. Open 51 weeks of the year. Transport service available to families in the Coffs Harbour area.

## **COW & KOALA CHILD CARE CENTRE**

PHONE: 6658 0900  
ADDRESS: 15 William Sharp Drive (Roselands Estate), COFFS HARBOUR 2450  
DETAILS: Hours from 7.30 am to 6.00 pm Monday to Friday for children 0-6 years. Open 51 weeks of the year.

# CHILD CARE CENTRES AND PRESCHOOLS (cont'd)

## **FOOTPRINTS EARLY LEARNING CENTRE**

PHONE: 6658 3966  
ADDRESS: 21 Lamberts Road, BOAMBEE 2452  
DETAILS: Hours from 7.45 am to 6.00 pm Monday to Friday for children 2-6 years.

## **GAMUMBI EARLY CHILDHOOD EDUCATION CENTRE INC**

PHONE: 6653 2767  
ADDRESS: PO Box 201, 1 Lourne Avenue, TOORMINA 2452  
DETAILS: Monday to Friday, 7.30 am to 5.30 pm for children 6 weeks to 6 years. Priority given to working parents. Sliding scale of fees depending on income (Government subsidised).

## **GARDINER AVENUE CHILDREN'S CENTRE**

PHONE: 6652 2121  
ADDRESS: 9 Gardiner Avenue, COFFS HARBOUR 2450  
DETAILS: Hours from 8.00 am to 6.00 pm for children 8 weeks to 6 years.

## **GLENREAGH PRESCHOOL INCORPORATED**

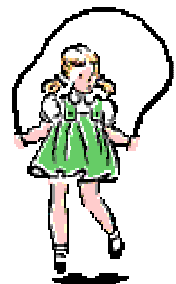
PHONE: 6649 2155  
ADDRESS: PO Box 56, Cnr Bridge and Dorrigo Streets, GLENREAGH 2450  
DETAILS: Tuesday, Wednesday and Thursday, 9.10 am to 3.00 pm for children 3-6 years.

## **GUMNUT COTTAGE INC**

PHONE: 6651 3077  
ADDRESS: 65 Perry Drive, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 7.45 am to 5.45 pm for children 6 weeks to 6 years.

## **HAPPY DAYS PRESCHOOL AND LONG DAY CARE CENTRE**

PHONE: 6652 6620  
ADDRESS: 207 Harbour Drive, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 8.00 am to 6.00 pm for children 2-5 years. Open 50 weeks (not open public holidays).



# CHILD CARE CENTRES AND PRESCHOOLS (cont'd)

## **HOPSCOTCH TOO**

PHONE: 6653 1100  
ADDRESS: 1 Wagtail Close, BOAMBEE 2450  
DETAILS: Monday to Friday, 7.45 am to 6.00 pm for children 0-6 years.

## **KOALA PRESCHOOL AND CHILD CARE CENTRE**

PHONE: 6653 3261  
ADDRESS: 5 McCrae Close, BOAMBEE WEST 2450 (off Lindsays Road just past Boambee Primary School)  
DETAILS: Monday to Friday, 7.45 am to 5.45 pm for children 2-6 years.  
Open all school holidays.

## **KULAI PRESCHOOL ABORIGINAL CORPORATION**

PHONE: 6652 4337  
ADDRESS: PO Box 732, 14 Myuna Place, COFFS HARBOUR 2450  
DETAILS: Monday to Thursday, 9.00am to 3.00pm and Friday, 9.00 am to 12 noon for children 3-6 years (80% Aboriginal children). Morning tea, lunch and afternoon tea provided. Transport available.

## **LILLY PILLY EARLY LEARNING CENTRE**

PHONE: 6651 1992 FAX: 665 6993  
ADDRESS: 69 Gundagai Street, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 8.15 am to 5.30 pm for children 3-6 years.

## **LILLY PILLY SOUTH EARLY LEARNING CENTRE**

PHONE: 6653 1038  
ADDRESS: 42 Amaroo Crescent, TOORMINA 2452  
DETAILS: Monday to Friday, 8.00 am to 6.00 pm for children 3-6 years.

## **LITTLE HANDS PRESCHOOL AND LONG DAY CARE CENTRE**

PHONE: 6658 2852  
ADDRESS: 4 Bronzewing Place, BOAMBEE 2450  
DETAILS: Hours from 8.00 am to 6.00 pm for children 2-6 years.  
Open 49 weeks of the year.

# CHILD CARE CENTRES AND PRESCHOOLS (cont'd)

## **LITTLE WALLABIES PRESCHOOL AND LONG DAY CARE CENTRE**

PHONE: 6654 0533  
ADDRESS: 2 Sunset Avenue, WOOLGOOLGA 2456  
DETAILS: Monday to Friday, 6.30 am to 6.30 pm for children 0-6 years.  
Open 52 weeks.

## **LOWER BUCCA COMMUNITY PRESCHOOL INC**

PHONE: 6654 3231  
ADDRESS: 871 Bucca Road, LOWER BUCCA 2450  
DETAILS: Monday to Wednesday, 9.30 am to 3.00 pm for children 2½ -6 years.

## **MOUNTAIN PRESCHOOL LOWANNA INC**

PHONE: 6654 5400 (Mobile 0438 456 862)  
ADDRESS: PO Box 39, LOWANNA 2450  
Lowanna Community Hall, Grafton Street, LOWANNA 2450  
DETAILS: Wednesday and Thursday, 9.15 am to 2.45 pm for children aged 3-6 years.

## **MULLAWAY PIED PIPER CHILDREN'S EDUCATION CENTRE**

PHONE: 6654 0333  
ADDRESS: 22 Mullaway Drive, MULLAWAY 2456  
DETAILS: Hours from 6.30 am to 6.30 pm for children 2-6 years. Open 52 weeks.

## **NANA GLEN PRESCHOOL INC**

PHONE: 6654 3339  
ADDRESS: PO Box 62, 960 Orara Way, NANA GLEN 2450  
DETAILS: Tuesday, Wednesday, Thursday and Friday, 9.00 am to 3.00 pm for children 2-6 years.

## **PARK BEACH CHILD CARE CENTRE**

PHONE: 6650 0280  
ADDRESS: 45 Park Beach Road, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 6.30 am to 6.30 pm for children 2-6 years. Open 52 weeks, closed Public Holidays.

# CHILD CARE CENTRES AND PRESCHOOLS (cont'd)

## **POSSUMS' DEN INC**

PHONE: 6652 5066  
ADDRESS: PO Box 915, 8 Earl Street, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 9.00 am to 3.00 pm for children 3-6 years.  
Preschool Program and occasional care service available also.

## **SANDY BEACH CHILD CARE CENTRE**

PHONE: 6656 1866  
ADDRESS: 35 Saye Close, SANDY BEACH 2456  
(right next door to Sandy Beach Primary School)  
DETAILS: Hours from 7.30 am to 5.30 pm for children 2-6 years Open 48 weeks.

## **THREE BEARS COTTAGE**

PHONE: 6652 5656  
ADDRESS: 11 Scarba Street, COFFS HARBOUR 2450  
DETAILS: Monday to Friday, 8.00 am to 6.00 pm for children 8 weeks to 6 years.

## **TINY TREASURES PRESCHOOL**

PHONE: 6649 1211  
ADDRESS: 43 Coral Street, CORINDI BEACH 2456  
DETAILS: For children 2-6 years.  
Free bus service between Woolgoolga and Range Road.



## **TOORMINA COMMUNITY PRESCHOOL INC**

PHONE: 6653 1791  
ADDRESS: 50 Minorie Drive or PO Box 103, TOORMINA 2452  
DETAILS: Monday to Friday, 8.30 am to 4.00 pm for children 2½ -6 years.

## **VALLEY PRESCHOOL INCORPORATED**

PHONE: 6653 8600  
ADDRESS: Upper Orara Hall, Cnr Dairyville and Upper Orara Roads,  
UPPER ORARA 2450 or c/- Karangi Post Office, KARANGI 2450  
DETAILS: Wednesday and Thursday, 9.00 am to 3.00 pm for children 3-6 years.

## **WOOLGOOLGA CHILD CARE CENTRE INC RAINBOW COTTAGE**

PHONE: 6654 2277  
ADDRESS: PO Box 303, 71 Turon Parade, WOOLGOOLGA 2456  
DETAILS: Hours from 7.45 am to 5.45 pm for children 2-6 years. Open 50 weeks.

# CHILD CARE

## CHILD SUPPORT SCHEME

The Child Support Scheme aims to make sure that parents meet their fair share of the cost of supporting their children. The scheme is administered by the Child Support Agency which is part of the Department of Family and Community Services. The way it works depends on when the parents separated or when the youngest child was born.

## FOR FURTHER INFORMATION

PHONE: 131 272 from anywhere in Australia for more information about child support and for the address of your nearest child support agency.

## IN-HOME SERVICE

PHONE: 6569 8042  
FAX: 6569 7156

DETAILS: Care of children aged 0-12 years in their own home by a care provider, registered at Creative Human Solutions Co Pty Ltd. Care providers are supervised and supported by trained child care staff that are employed by the company to ensure a quality and educational service.

Is flexible to cater for:

- Parents who are shift or roster workers.
- Families with a child or parent who has an illness or disability.
- Families unable to access other suitable types of child care.
- Families with multiple birth children.
- Families who are referred by other approved services such as the Department of Community Services, Medical Practitioner etc.
- Mothers who are breast feeding working from home.
- Other situations other than the above could be eligible.

\* \* \* Child Care Benefit is available \* \* \*



# DISABILITY SERVICES

## CAMP QUALITY

PHONE: 6651 4486

DETAILS: Camp Quality is a unique camping program founded in Sydney, Australia in 1983, and already an international program spanning seven countries.

Its purpose is to bring a week of fun and joy into the lives of children with cancer.

The Camp participants are:

- Allocated a companion for the week (one on one);
- Attend cost free; and
- Offered a variety of activities determined by the camp's location and their availability e.g., abseiling, canoeing, fishing, horse riding etc.

Camp Quality is not Government funded but:

- Many organisations, churches and individuals sponsor children to the camps;
- Volunteers provide companionship; and
- Some companies donate or give generous discounts for food, clothing, sporting equipment etc.

Further information may be gained by telephoning the above number and talking with Tom or Nancy Strickland.

## COFFS HARBOUR CITY COUNCIL

PHONE: 6648 4041

CONTACT: Community Development Officer

DETAILS: Will provide information regarding services available in the Coffs Harbour local government area for children with a disability.

## COFFS HARBOUR MYTIME

PHONE: 9684 5273 or 1800 171 882

CONTACT: 13 Kane Crescent, Coffs Harbour 2450

DETAILS: Provides local support for mums, dads, grandparents and anyone caring for a young child under school age with a disability or chronic medical condition. Fridays from 12.30 pm to 2.00 pm

# **DISABILITY SERVICES (cont'd)**

## **COFFS HARBOUR PLAY CONNECT**

PHONE: 9684 5273 or 1800 171 882  
CONTACT: Boambee Memorial Hall, 579 Pacific Highway, Boambee 2450  
DETAILS: For children aged 0-6 years with Autism Spectrum Disorder (ASD) or ASD like symptoms. Your child does not need an ASD diagnosis to attend. Mondays from 12.30 pm.

## **COFFS HARBOUR PUBLIC SCHOOL – SPECIAL SUPPORT UNIT**

PHONE: 6652 3355  
ADDRESS: Salamander Street, COFFS HARBOUR 2450  
DETAILS: The Special Support Unit is within Coffs Harbour Public School which is run by the Department of Education and Training.

The Unit caters specifically for students with disabilities (students with intellectual and physical disabilities) and has specially trained personnel to teach the students.

Each student has an Individual learning Program specific to their individual needs. These individual needs (i.e., communication, social, self care, fine and gross motor skills) are addressed within the curriculum.

A team approach with parents/caregivers, therapy staff and teaching staff all involved in the planning and ongoing evaluation of student programs.

A strong integration program exists between the Special Support Unit and mainstream classes.

## **COFFS HARBOUR COMMUNITY DIRECTORY**

PHONE: 6648 4841  
CONTACT: Coffs Harbour City Council  
DETAILS: Further information about specific support services and groups can be found in the Coffs Harbour Community Directory produced by Coffs Harbour City Council. The directory can be downloaded from Council's website at [www.coffsharbour.nsw.gov.au](http://www.coffsharbour.nsw.gov.au)

# DISABILITY SERVICES (cont'd)

## **DEVELOPMENT DISABILITY SERVICE SERVICES FOR CHILDREN WITH A DISABILITY DEPARTMENT OF AGEING, DISABILITY AND HOME CARE**

PHONE: 6659 1300  
FAX: 6659 1333  
WEBSITE: <http://www.dadhc.nsw.gov.au/dadhc/>

ADDRESS: 72 Grafton Street, Coffs Harbour

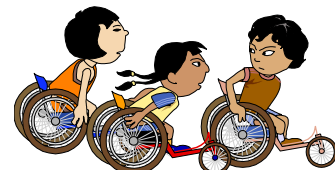
DETAILS: \* Hours of operation 9.00 am to 5.00 pm Monday to Friday

We provide a service for children and adults with an intellectual disability or developmental delay with moderate to high support needs.

Services available: Community Worker, Behavioural Intervention Consultant, Clinical Psychologist, Physiotherapist, Occupational Therapist, Speech Pathologist.

Provide support including both direct intervention and the planning and coordination of services provided to a client and his/her family or carer. Services include assessment, case planning and management, counselling, referral, therapy, family support, early intervention and behaviour management to families, child care services, early intervention, schools and adult support services.

## **EARLY CHILDHOOD INTERVENTION PROGRAM**



PHONE: 6652 8080

ADDRESS: 13 Kane Crescent, COFFS HARBOUR 2450

DETAILS: Provides individual teaching programs in developmental skills for any child (0-6 years) with learning difficulties, physical, intellectual or sensory disability and aims to teach parents appropriate methods of home training that will assist each child achieve his/her full potential.

Individual occupational therapy or parent/child therapy is provided, weekly or fortnightly and liaison with Doctors, Specialists, Speech Therapists, Physiotherapists and the Department of Education is also provided.

# DISABILITY SERVICES (cont'd)

## HOME CARE SERVICE OF NSW COFFS HARBOUR BRANCH

PHONE: 6659 1360

ADDRESS: 72 Grafton Street, COFFS HARBOUR 2450

DETAILS: The Home Care Service of NSW provides people with practical assistance in order to promote independent living in their own home. Home Care mainly assists older people who are frail and younger people who have disabilities, and their carers.

Home Care provides services including assistance in the home and with normal daily living tasks, personal care, respite care, assistance with therapy programs.

The Coffs Harbour Branch of Home Care Service provides service to households in the Coffs Harbour and Bellingen Shires plus Red Rock, Corindi and Glenreagh in the Ulmarra Shire.

Where the need exists, service is available 7 days a week and out of normal working hours.

Referral may be made by ringing 6659 1360 in Coffs Harbour. Home Care receives referrals from individuals or their carers, and from health and welfare agencies in the community.

A fee is agreed upon at time of assessment. No person is denied service because of inability to pay.

# DISABILITY SERVICES (cont'd)

## MID NORTH COAST CARER RESPITE CENTRE

PHONE: (02) 6568 4164  
FAX: (02) 6568 3728  
EMAIL: sid@nvi.net.au

DETAILS: The Carer Respite Centre (CRC) is available to carers who look after children who have a disability, a chronic, terminal or mental illness. The CRC can assist carers with information and advice about respite options, help with organising respite and financial assistance for respite when needed.

Carers can contact the CRC from 8.30 am to 4.30 pm, Monday to Friday.

The CRC also has an **Emergency On Call Service** which operates from 4.30 pm to 8.30 am Monday to Friday, as well as weekends and public holidays. Carers who are experiencing a crisis such as hospitalisation, illness or need to attend to other urgent family business can contact the CRC on 1800 059 059 for assistance.

## Northcott Disability Services

PHONE: 6651 2366 or Head Office 1800 506 071

ADDRESS: 31 Bonville Street, COFFS HARBOUR 2450

DETAILS: Not for profit organisation that provides support and free services to people with a broad range of disabilities and their families and carers.

Services include:

- Individual and Family Support for children or adults with a physical disability and their families.
- Leaving Care - Mentoring service for young people aged 16 and over transitioning from the care of the Minister for Community Services to live as independently as possible.
- Early Start Diagnosis Support Service - For families who have any concerns about their child's development or who have a child with a recently diagnosed disability aged 0-8 years.

**Family Support Group** - Held the first Wednesday of each month from 9.30 am to 11.30 am for parents/carers of children with a physical disability.

# DISABILITY SERVICES (cont'd)

## RESPIRE AND RECREATION INC

PHONE: 6648 3640 or 6648 3642

ADDRESS: Coffs Harbour Community Village, Earl Street, COFFS HARBOUR 2450

DETAILS: Respite and Recreation Inc is funded through the State/Commonwealth Disability Agreement to provide respite (a break) to the primary carers of people with disabilities who live in the Coffs Harbour Local Government Area.

At Respite and Recreation we provide this break from the work involved in responding to the disability related needs of the primary carer's daughter, son, sister, brother or partner by organising planned, regular, age-appropriate community-based recreational activities for the person with the disability.

Service is available to people living in the Coffs Harbour Local Government area who care for a person with a disability who is aged between birth and 65 years and has medium to high support needs.

Office hours are between 8.30 am and 5.00 pm, Monday to Friday. The time of day and day of the week for direct service provision is negotiated with each family individually.



## VISION AUSTRALIA

PHONE: All Referrals 1300 847 466 or 6651 1863

ADDRESS: 126 West High Street, COFFS HARBOUR 2450

DETAILS: A range of programs and strategies offered to children (from birth to 18 years) and their families to assist each child's development, education and independence. Local services include physiotherapy, occupational therapy, counselling and transition to work programs.

# EARLY CHILDHOOD CENTRES

## (Child and Family Health Nursing)

Provides support and assistance to families with children 0-5 years.

### **BAYLDON**

PHONE: 6658 2285

ADDRESS: Bayldon Community Centre, Toormina Road, BAYLDON 2450  
HOURS: Monday mornings – 9.00 am to 12.30 pm – By appointment only.  
Wednesdays – 9.00 am to 12.30 pm and 2.00 pm to 4.30 pm –  
Drop in service.

### **COFFS HARBOUR**

PHONE: 6652 3503

ADDRESS: 29 Park Avenue, COFFS HARBOUR 2450  
HOURS: Open Monday to Friday – 8.30 am to 5.00 pm  
(Closed 1.00 pm – 2.00 pm lunch) By appointment only.

### **PARK BEACH PLAZA**

PHONE: 6651 6868

ADDRESS: Dr Cathryn Platt, Shop 60, Park Beach Plaza,  
Pacific Highway, COFFS HARBOUR 2450  
HOURS: Open Wednesdays – 9.30 am to 4.00 pm  
(Closed 1.00 pm – 2.00 pm lunch) Drop in service.

### **SAWTELL**

PHONE: Message through Coffs Harbour on 6652 3503

ADDRESS: CWA Rooms, Elizabeth Street, SAWTELL 2450  
HOURS: Open Thursdays – 8.30 am to 5.00 pm  
(Closed 1.00 pm – 2.00 pm lunch) Drop in service.

### **WOOLGOOLGA**

PHONE: 6654 1111

ADDRESS: 29 Beach Street, WOOLGOOLGA 2456  
HOURS: Open Tuesdays and Thursdays – 9.00 am to 12.30 pm and  
2.00 pm to 4.00 pm – Drop in service.  
Wednesday mornings – 9.00 am to 12 noon By appointment only.

# EQUIPMENT HIRE

## BEACH WHEELCHAIRS

Coffs Harbour City Council  
(1 only - FREE)

6648 4000

Coffs Harbour Yacht Club  
(1 only - FREE)

6652 4390

Northcott Society  
(1 only - Hire Fee)

6651 2366

## COFFS BABY HIRE

PHONE: 0417 779 695

ADDRESS: 9 Thompsons Road, COFFS HARBOUR 2450



## PICKERINGS

PHONE: 6652 3197

ADDRESS: 15 June Street, COFFS HARBOUR 2450

DETAILS: Baby equipment hire: baby capsules, car seats, cots, prams etc



# FAMILY DAY CARE

## COFFS HARBOUR AND DISTRICT FAMILY DAY CARE SCHEME

PHONE: 6652 7819

ADDRESS: 10 North Boambee Road, COFFS HARBOUR 2450

EMAIL: [manager@coffsfdc.org.au](mailto:manager@coffsfdc.org.au)

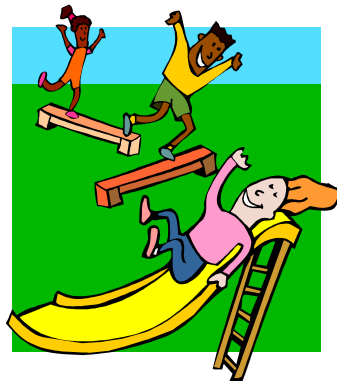
WEBSITE: [www.coffsfdc.org.au](http://www.coffsfdc.org.au)

## NEWTRAIN FAMILY DAY CARE

PHONE: Free Call 1800 701 292 or (02) 6651 5677

ADDRESS: 1/8 Marcia Street or PO Box 189, COFFS HARBOUR 2450

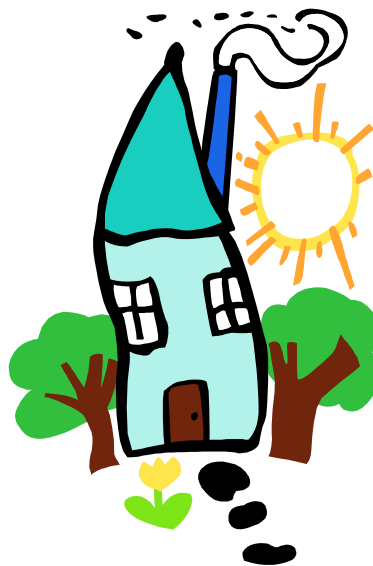
EMAIL: [maryanne@newtrain.com.au](mailto:maryanne@newtrain.com.au) / [tay@newtrain.com.au](mailto:tay@newtrain.com.au)



# FAMILY ALLOWANCE

Family Allowance is money to help you raise your children. The amount you receive depends on your income, how many children you have and their ages, whether you pay rent privately or whether you are a sole parent.

If you need to know more about your entitlement the number to call is 136 150. You can also call 131 202 for information in different languages.



# HEALTH

## **COMMUNITY NURSING**

PHONE: 6656 7820  
ADDRESS: Coffs Harbour Health Campus  
Pacific Highway, COFFS HARBOUR 2450  
POSTAL ADDRESS: Locked Bag 812, COFFS HARBOUR 2450

## **DENTAL CLINIC**

PHONE: 6656 7800 or 6656 7287  
ADDRESS: Coffs Harbour Health Campus  
Pacific Highway, COFFS HARBOUR 2450  
POSTAL ADDRESS: Locked Bag 812, COFFS HARBOUR 2450

## **PALLIATIVE CARE**

PHONE: 6656 7683  
ADDRESS: Coffs Harbour Health Campus  
Pacific Highway, COFFS HARBOUR 2450  
POSTAL ADDRESS: Locked Bag 812, COFFS HARBOUR 2450

## **PRIMARY HEALTH AND EXTENDED CARE**

PHONE: 6656 7200  
ADDRESS: Coffs Harbour Health Campus  
Pacific Highway, COFFS HARBOUR 2450  
POSTAL ADDRESS: Locked Bag 812, COFFS HARBOUR 2450

- Early Childhood Nursing
- Before School Screening
- Speech Pathology
- Child and Family Counselling

# IMMUNISATION

An immunisation program is organised by the Mid North Coast Area Health Service who provide this free service on a monthly basis to Bayldon, Coffs Harbour and Woolgoolga for children 0-5 years. Immunisation can be organised at the venues and during the times stated below:

## **BAYLDON**

**Second Tuesday of each month from 2.00 pm to 3.45 pm**

Venue: Bayldon Community Centre, Toormina Road, Toormina  
Telephone: 6652 3503 for appointments or enquiries



## **COFFS HARBOUR**

**First Saturday of the month from 9.30 am to 11.15 am**  
**Fourth Tuesday of the month from 2.00 pm to 3.45 pm**

Venue: Child and Family Health Nursing Centre, 29 Park Avenue, Coffs Harbour  
Telephone: 6652 3503 for appointments or enquiries

## **WOOLGOOLGA**

**Second Wednesday of the month from 2.00 pm – 3.45 pm**

Venue: Woolgoolga Community Health Centre, 29 Beach Street, Woolgoolga  
Telephone: 6654 1111 for appointments or enquiries

If you have any questions, suggestions or problems please contact Child and Family Health Nursing on 6652 3503.

# J E T PROGRAM

## Centrelink JET Advisers and Personal Advisers

### What are Centrelink JET Advisers and Personal Advisers ?

Centrelink Jet Advisers and Personal Advisers can help you by giving you support and advice. They will provide you with assistance and referrals to help you get a job, or get more involved in your community.

### Who can Centrelink JET Advisers and Personal Advisers help ?

Centrelink Advisers assist customers who are:

- Getting Parenting Payment
- Mature aged (aged 50 to Age Pension age) and getting Newstart Allowance or Mature Age Allowance
- Getting Widow Allowance, Partner Allowance, Carer Payment, Widow B Pension and some Special Benefit customers
- Job seekers receiving Newstart or Youth Allowance who are temporarily incapacitated
- Job seekers claiming Newstart or Youth Allowance who
  - are Aboriginal and /or Torres Strait Islander, or
  - have been granted certain exemptions from the Activity Test, or
  - have been recently released from prison.

Depending on which payment you get, you will see either a Centrelink JET Adviser or Personal Adviser.

### How can Centrelink JET Advisers and Personal Advisers help ?

Centrelink JET Advisers and Personal Advisers can provide:

- Encouragement and help to work out a plan for your return to work that takes into account your needs and circumstances, your skills and experience, and local opportunities.
- Information about the benefits of preparing for a return to work or study and the assistance available to help you do this.
- Help to get you the services you need, such as education and training services, employment services, child care and services to help with any personal difficulties.
- Details of financial incentives available that you may be able to get to help you study, train or enter the workforce, and
- Assistance to help you understand your obligations, ensuring that your individual circumstances are taken into account.

# J E T PROGRAM (cont'd)

Giving people the support they need to return to work, learn new skills or get involved in their community in some way is an important part of the Australian Government's Welfare Reform package.

## **How do I get in touch with a Centrelink Jet Adviser or Personal Adviser ?**

If you are required to see a JET Adviser or Personal Adviser you do not need to do anything. Centrelink will contact you when you need to come in for an interview. If you are not required to see a JET Adviser or Personal Adviser but would like to see one, or if you need additional support on a more regular basis, contact Centrelink for more information.

## **For more information contact Centrelink on:**

Coffs Harbour's Centrelink Office	6648 6783
Employment Services	132 850
Youth and Students	132 490
Family Assistance Office and Centrelink Parenting Payment	136 150
Disabilities, Sickness and Carers	132 717
Retirements	132 300
Appointments (Call to make an appointment to visit your closest Centrelink office)	131 021
Centrelink Multilingual Call Centre	131 202
Website	<a href="http://www.centrelink.gov.au">www.centrelink.gov.au</a>

# OCCASIONAL CARE

## CATERPILLAR HOUSE

PHONE: 6651 2377

ADDRESS: Occasional Day Care Centre  
205 Harbour Drive, COFFS HARBOUR 2450

DETAILS: Open 8.30 am to 5.00 pm, Monday, Wednesday, Thursday, Friday and Tuesday 8.30 am to 4.00 pm for children aged 0-6 years. Bookings essential. Children with special needs welcome e.g., Non-English speaking background, Aboriginal families and children with disabilities.

## POSSUMS' DEN

PHONE: 6652 5066

ADDRESS: 8 Earl Street, COFFS HARBOUR 2450

DETAILS: Open 8 am to 6 pm, Monday to Friday for children 3-5 years. Provides occasional care places for four children per day and bookings are essential.



# PLAYGROUPS

If you wish to contact Playgroup NSW Inc please telephone Head office, Sydney on Toll Free 1800 171 882 or (02) 9684 5273 or you can log onto their website at [www.playgroupnsw.com.au](http://www.playgroupnsw.com.au) or email [admin@playgroupnsw.com.au](mailto:admin@playgroupnsw.com.au)

The Playgroups are located in various areas and meet on different days (see below).

## **BAYLDON Busy Bees**

Bayldon Community Centre, Toormina Road, BAYLDON 2452

Friday - 10.00 am to 12 noon

## **BELLINGEN Playgroup**

Children's Centre, Elliott Close, Sunset Ridge Drive, BELLINGEN 2454

Tuesday - 10.00 am to 12 noon (Steiner Session)

Wednesday - 10.00 am to 12 noon

## **BOAMBEE BABES**

Boambee East Community Centre, Bruce King Drive, BOAMBEE EAST 2452

Friday - 9.30 am to 11.30 am

Phone: 6658 6586 or 0413 292 447

## **BOAMBEE Playgroup, Memorial Hall, Pacific Highway, BOAMBEE 2450**

Tuesday - 9.00 am to 11.00 am and Wednesday - 9.30 am to 11.30 am

Phone: 6658 7359

## **COFFS HARBOUR AND DISTRICT FAMILY DAY CARE SCHEME PLAYGROUP**

PO Box 1636, COFFS HARBOUR 2450

Phone: 6652 7819

**The Scheme Playgroup Program is operating from Tuesday to Thursday from 9.30 am to 11.30 am during school term only.**

Care givers and/or parents are expected to participate in the children's activities and share the responsibility of care throughout the Playgroup session.

**NOTE: Only for care givers, children and parents who are registered with the Scheme.**

## **COFFS HARBOUR KIDS Playgroup**

Wesleyan Methodist Church, 76B Bray Street, COFFS HARBOUR 2450

Monday - 9.30 am to 11.30 am

Phone: 6652 3493 or 0439 620 909

# PLAYGROUPS (cont'd)

## **DORRIGO** Playgroup

Girl Guide Hall, Vine Street, DORRIGO 2453

Wednesday - 10.00 am to 12 noon

## **LOWER BUCCA COMMUNITY PLAYGROUP**

872 Bucca Road, LOWER BUCCA 2450

Every Thursday, 10.0p am to 12 noon for children 0-5 years.

Phone: 6654 3231 or 6656 2503

## **KALANG** Playgroup

Kalang Preschool, Kalang Road, KALANG 2454

Wednesday - 10.00 am to 12 noon

## **KING STREET** Playgroup

11 King Street, COFFS HARBOUR 2450

Monday, Wednesday and Friday - 10.00 am to 12 noon

Phone: 6652 5577

## **MOONEE MITES**

Moonee Beach Reserve Hall, Moonee Beach Road, MOONEE BEACH 2450

Tuesday - 10.00 am to 12 noon

Phone: 6653 6513 or 0421 256 753

## **MOUNTAIN PRESCHOOL OUTREACH PLAYGROUP**

Ulong Hall, Pine Avenue or PO Box 18, ULONG 2450

Third Monday each month, 10.00 am to 12 noon for children 0-6 years accompanied by parent(s).

Phone: 6654 5400 (Mobile 0438 456 862)

## **NANA GLEN** Playgroup

Nana Glen Preschool, Orara Way, NANA GLEN 2450

Monday - 10.00 am to 12 noon

Phone: 0421 563 285

## **NORTH BEACH** Playgroup, Mylestom Hall, River Street, MYLESTOM 2454

Wednesday - 10.00 am to 12 noon

Phone: 6655 6810 or 6655 4202

# PLAYGROUPS (cont'd)

## **ORARA VALLEY** Playgroup

The Recreation Ground, Dairyville Road, UPPER ORARA 2450

Monday - 10.00 am to 12 noon

Phone: 6653 9115 or 6653 9263 or 0428 120 772

## **PEACH BLOSSOM** Playgroup

Casuarina Steiner School, Gentle Street, COFFS HARBOUR 2450

Every Thursday and Friday, 9.30 am to 12.30 pm for children 0-6 years accompanied by parent(s).

Phone: 6651 2770

## **ST AUGUSTINE'S** Playgroup

School Hall, St Augustine's Primary School, Albany Street, COFFS HARBOUR 2450

Wednesday - 9.00 am to 11.00 am

Phone: 0417 666 494 or 6652 1204

## **ST FRANCIS XAVIER** Playgroup

Youth Centre, Queen Street, WOOLGOOLGA 2456

Wednesday - 9.30 am to 12 noon

## **SAWTELL** Playgroup, St Nicholas Anglican Church, Elizabeth Street, SAWTELL 2452

Tuesday - 10.00 am to 12 noon

Phone: 0407 776 104 or 6658 1626

## **SAWTELL** Playgroup

Uniting Church Hall, Elizabeth Street, SAWTELL 2452

Wednesday - 10.00 am to 12 noon

Phone: 6653 3078 or 0411 290 305

## **TALLOWOOD TEDDIES** Playgroup

Community Hall, Pine Avenue, ULONG 2450

Monday - 9.30 am to 11.30 am

Phone: 0447 545 228

## **TOORMINA** Playgroup

Christian Fellowship Church Hall, Nariah Crescent, TOORMINA 2452

Monday - 9.30 am to 12 noon

# PLAYGROUPS (cont'd)

## **URUNGA** Playgroup

Community Centre, Bonville Street, URUNGA 2455

Tuesday - 10.00 am to 12 noon

## **WOOLGOOLGA** Family Playgroup

Community Centre, Boundary Street, WOOLGOOLGA 2456

Monday - 9.30 am to 11.30 am

Tuesday, Wednesday and Thursday - 10.00 am to 12 noon

Phone: 6654 8526



# MAINLY MUSIC

## Music based Playgroups

Mainly Music is a community service run by volunteers in conjunction with churches. A nominal fee is paid. It is not a commercial venture.

### **COFFS HARBOUR MAINLY MUSIC**

Lifeshouse Church, Alison Street, Coffs Harbour

Phone: 0402 211 458

Mondays from 10.00 am to 11.30 am

### **KORORA MAINLY MUSIC**

Blue Cross Church, Cnr Pacific Highway and Bruxner Park Road, Korora

Phone: 6652 9776

Tuesdays from 10.00 am to 11.30 am

### **SAWTELL MAINLY MUSIC**

St Nicholas Anglican Church, Elizabeth Street, Sawtell

Phone: 6658 3890

Fridays from 9.30 am to 11.00 am



# **SPECIFIC SUPPORT GROUPS**

## **AUSTRALIAN BREASTFEEDING ASSOCIATION (ABA)**

PHONE: 6653 8431  
6652 4557

DETAILS: Aims to provide encouragement, moral support and information to mothers wishing to breast feed. This group also provides mothers with a chance to meet with other mothers of young babies and children. ABA has a library service with books on childbirth and breastfeeding. Also provides telephone counselling, group meetings, group bulletins, hospital and school visits and community talks. The group meets once times a month for social days, coffee morning or breastfeeding for beginners.

## **COFFS COAST AUTISM SPECTRUM DISORDER PARENT SUPPORT GROUP INC**

PHONE: 6658 8330 (Contact: Lexi Duffy)

WEBSITE: [www.coffscoastautism.org.au](http://www.coffscoastautism.org.au)

DETAILS: Supporting people with autism spectrum disorders and their families.

## **THE MID NORTH COAST HOME BIRTH GROUP**

PHONE: 6655 8538 Contact: Joey Van Ryan

MEETINGS: 1157 Darkwood Road, THORA 2454

DETAILS: Provides contact with homebirth midwives and associated Doctors for support, information on ante-natal classes and help at home after birth. Focus is on natural child birth and support.

## **MULTIPLE BIRTH CLUB**

PHONE: 6651 8854

ADDRESS: PO Box J12, COFFS HARBOUR JETTY 2450

DETAILS: Affiliated with AMBA (Australian Multiple Birth Association). A social and supportive club, offering coffee mornings in members homes, expectant parents nights, school age multiple evenings and family barbeques. They also have a small library of books and a video relating to multiple birth available. A joining fee is applicable.

# **SPECIFIC SUPPORT SERVICES**

## **COFFS HARBOUR CARERS SUPPORT GROUP**

PHONE: 6653 2785, 6651 8504 OR 0421 441 133

DETAILS: Support group for carers and liaison assistance with service providers.

Meetings held every second Thursday each month at the Coffs Ex-Services Club from 1.00 pm to 4.00 pm.

## **COFFS HARBOUR CHILDREN'S SERVICES ADVISER DEPARTMENT OF COMMUNITY SERVICES**

PHONE: 6651 1422

ADDRESS: 24 Gordon Street, COFFS HARBOUR 2450  
PO Box 39, COFFS HARBOUR 2450

DETAILS: Aiming to increase the provision of child care services and maintaining networks of support amongst all services.

## **INTERRELATE**

PHONE: 6651 1010  
Monday to Friday 9.00 am to 5.00 pm  
Thursday nights 5.00 pm to 8.00 pm  
Saturday morning 9.00 am to 12 noon

ADDRESS: 258 Harbour Drive, COFFS HARBOUR NSW 2450

DETAILS: Approved Counselling Agency under the Family Law Act. Pre-marital, marital, de-facto, separation and divorce counselling. Family, neighbourhood and workplace mediation. Personal development and relationship education courses. Day and evening groups are available. Bookings are essential and fees apply.

# SPECIFIC SUPPORT SERVICES

(cont'd)

## **INTERRELATE - CHILDREN'S CONTACT CENTRE (ICCC)**

PHONE: 6651 8755

ADDRESS: PO Box 23, COFFS HARBOUR 2450

DETAILS: Interrelate's Children Contact Centre (ICCC) ensures the safe "changeover" of children between separated parents as well as appropriate and safe contact visits between children and their non-residential parents/guardians.

These programs are for families who are unable to resolve conflict around contact arrangements. Qualified and trained staff will ensure contact and changeover is free of conflict.

## **LEGACY**

PHONE: 6652 7583  
Office Hours – 9.00 am to 2.00 pm – Monday to Friday

ADDRESS: 55 Victoria Street, COFFS HARBOUR 2450

DETAILS: A voluntary organisation of returned servicemen caring for the widows and children of comrades killed in action or who have subsequently died, and offering assistance and advice. Legacy meets monthly.



# **SPECIFIC SUPPORT SERVICES**

**(cont'd)**

## **ROYAL FAR WEST**

PHONE: 6651 6747

ADDRESS: Opportunity Shop  
Cnr Moonee and West High Streets, COFFS HARBOUR NSW 2450

DETAILS: Open Monday to Friday, 9.00 am to 4.00 pm and  
Saturday - 9.00 am to 12 noon

1800 500 061 - Head Office, Manly

The Centre accepts patients who are referred by Doctors for Specialist, medical or diagnostic services and associated treatment which is not available to patients at home. Also covers dental treatment if referred by a Dentist. For further information or enquiries please telephone the above numbers.

## **UNITING CARE BURNSIDE (SUPPORT SERVICE)**

PHONE: 6652 7666

ADDRESS: 7 Maclean Street, COFFS HARBOUR 2450

DETAILS: Assist families in a supportive and development way in times of family distress. Offer family worker support groups, information, resources and referrals. Supported playgroups are operating in Coffs Harbour, Woolgoolga and Sawtell as well as a team mum group in Coffs Harbour.

## **WARRINA WOMEN AND CHILDREN'S REFUGE**

PHONE: 6652 4000

DETAILS: Crisis accommodation for women and children escaping domestic violence. Offers child support referrals, information and advocacy for children witnessing domestic violence. 24 hour crisis telephone counselling. Confidential service.

# STATE GROUPS

## CHILD CARE INFORMATION SERVICE

PHONE: (02) 9557 0900  
FREE CALL 1800 803 820

DETAILS: Provides free information and resources to individuals, community groups or anyone interested in the field of children's services.

Community Child Care publishes a quarterly newsletter, organises meetings to link organisations and services, works with individual groups attempting to establish or maintain services, publishes resource materials and background papers on aspects of children's services and provides training to Children's Services staff.

## CONTACT INC

PHONE: (02) 9565 1333

ADDRESS: 1<sup>st</sup> Floor, 30 Wilson Street, NEWTOWN 2042

DETAILS: Contact Inc the project for isolated children and their families, is an incorporated body funded primarily by the Commonwealth Department of Family and Community Services.

AIMS: To relieve within the limits of the resources available to the Project, poverty, disadvantage and isolation suffered by young children on the basis of need, irrespective of race, creed or religion.

To provide assistance, information, referrals and support to people caring for young children in isolated circumstances.

To stimulate interest in the wellbeing of young isolated children by improving community awareness of the needs of children.

# STATE GROUPS (contd)

## NETWORK OF COMMUNITY ACTIVITIES

PHONE : (02) 9212 3244

ADDRESS : 66 Albion Street, Surry Hills 2010

DETAILS : Network is a resource and advisory organisation offering help for before and after school hours centres, vacation programs, community arts programs and programs for people with disabilities. It runs workshops, prints a regular newsletter and publishes other materials.



# COFFS COAST TOY LIBRARY

DETAILS: Definition – Coffs Coast Toy Library operates as any library, but provides toys, play equipment and other stimulating play materials.

PHONE: 6652 7986 (during operating times as stated below)

ADDRESS: Shop 12, Bray Street Shopping Centre, Bray Street,  
COFFS HARBOUR 2450

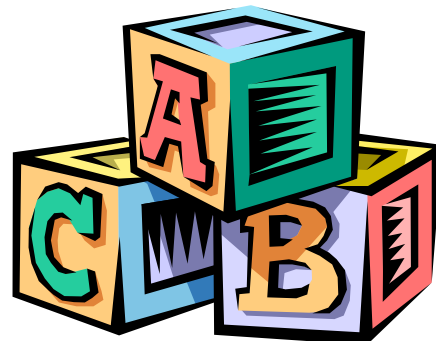
WEBSITE: [www.toylibrary.communitysites.com.au](http://www.toylibrary.communitysites.com.au)

MEMBERSHIP: (i) For a family per year it is \$70 which entitles one toy and one puzzle for a period of one month.  
(ii) Funded Groups - \$250 per year (four toys and one puzzle for a period of one month)  
(iii) Non-funded Groups \$90 per year (e.g., Playgroups) (four toys and one puzzle for a period of one month)

OTHER DETAILS: Over 900 toys are available in an extensive range of recreational and educational types. The Coffs Coast Toy Library is a community non-profit organisation and the membership fees are used to purchase new toys and cover librarian's wages.

## HOURS OF OPERATION

MONDAY	CLOSED
TUESDAY	CLOSED
WEDNESDAY	CLOSED
THURSDAY	12.30 pm to 5.00 pm
FRIDAY	9.30 am to 12.30 pm
SATURDAY	9.30 am to 12.30 pm



# VACATION CARE

## VACATION CARE PROGRAM

**During school holidays held at Coffs Harbour, Bayldon  
and Woolgoolga Public Schools**

PHONE: 6652 5401 for Coffs Harbour area

6658 4899 for Bayldon/Toormina/Sawtell area

0418 678877 for Woolgoolga area

DETAILS: For 5-12 year olds. Activities supervised by Coordinator and assistants. Children to bring own lunch and drink. Childcare assistance and Medicare Rebate may be available according to level of income.

## VACATION CARE

### BISHOP DRUITT COLLEGE

PHONE: 6651 7400

ADDRESS: 1111 North Boambee Road, Coffs Harbour

DETAILS: Held during school holidays for 5-12 year olds. Activities supervised by Coordinator and assistants.

### CORAMBA PUBLIC SCHOOL

PHONE: 6654 4122

ADDRESS: Short Street, Coramba

DETAILS: Servicing the Upper Orara area for 5-12 year olds. Children to bring their own lunch and drink. Registered care provided.

### ST AUGUSTINE'S PRIMARY SCHOOL

PHONE: 0417 666 494 or 6652 1204

ADDRESS: School Hall, Albany Street, Coffs Harbour

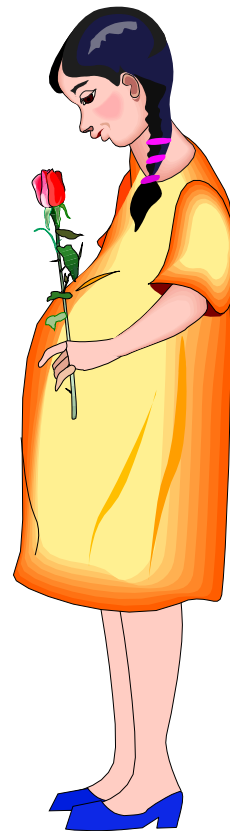
DETAILS: For 5-12 year olds from 8.00 am to 6.00 pm. Children to bring their own lunch, snacks and drink. Registered care provided.

# WOMEN'S DIRECTORATE NSW DEPARTMENT OF INDUSTRIAL RELATIONS AND EMPLOYMENT

Women employees need not give up their jobs because they are having a baby. There is a law in New South Wales which enables women to keep their jobs in the workforce. The law is called the Industrial Arbitration (Amendment) Act. The parts of this law which deal with maternity leave are called the maternity leave provisions. The law was passed on 28 April 1980.

FURTHER INFORMATION ON MATERNITY LEAVE PROVISIONS MAY BE GAINED BY TELEPHONING THE AWARDS ENQUIRIES SERVICE ON 131 628 OR POSTAL ENQUIRIES TO THE COFFS HARBOUR LOCAL OFFICE OF THE DEPARTMENT OF INDUSTRIAL RELATIONS AT PO BOX 710, COFFS HARBOUR 2450.

INTERNET: [www.dir.nsw.gov.au](http://www.dir.nsw.gov.au)





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